

Message from the Chair

This edition of the newsletter marks our first mailing to NADD members across Canada. We hope that readers from outside Ontario will find the information of interest, and will also share their program and policy news with us in Ontario.

Please submit your local partnership, policy and committee news to Susan Morris. Also note our new advertising feature on the last page.

Our Chapter has been extremely busy with the ongoing training curriculum project. We would like to thank our hard working Editorial Committee: Dr. Dorothy Griffiths, Dr. Jane Summers, and Dr. Chris Stavrakaki, who have contributed hundreds (and more likely thousands) of volunteer hours to the project. They are starting to see light at the end of the tunnel, as the curriculum moves into publication.

Elections for our Board of Directors will be coming up. There will be a formal call for nominations through a mail out. All nominees must be members of NADD. We ask you to consider running for the Board this will be a very interesting and satisfying year for our Chapter.

Finally, we want to wish our secretary, Connie Zieren, a happy maternity leave. We are not sure what we are going to do without you, Connie!

Jo Anne Nugent, President

Interministerial News

The Comprehensive Assessment Projects (CAPS) database is a comprehensive needs assessment of the total population of psychiatric hospitals in Ontario. Trained hospital staff completed assessments of patient functioning and problem severity, as well as support and service needs.

Similar assessments were completed for a random sample of individuals receiving outpatient services from the PPH's and living in Homes for Special Care. Whether or not the individual has a developmental disability was included as part of the assessment of patient functioning. To date, the CAPS have been completed at 6 sites with 2 more sites to be completed by December 2001.

Of the 2,536 individuals sampled from the psychiatric hospitals thus far, 468 (18.5%)

have been identified as having a developmental disability. Fifty-three percent (250) of the 468 were inpatients, 38% (176) were outpatients and 9% (42) were in Homes for Special Care. Thirty eight percent (177) of those identified with a developmental disability were being served in specialized dual diagnosis programs and the remaining individuals were served in other programs (e.g. forensic, geriatric, general psychiatry). (Unpublished Data, 2001, Health Systems Research and Consulting Unit, Ontario Psychiatric Hospital Comprehensive Assessment Project). Given that one fifth of those sampled are largely from tertiary mental health providers across Ontario, a question that arises is whether this figure is related to the closure of MCSS facilities.

Local Committee Update

During the early months of 2001, the Toronto Dual Diagnosis Implementation Committee of Toronto was re-launched as the committee approved by MCSS, MOH, and the DHC to be responsible for facilitating implementation of the MOH/MCSS Dual Diagnosis Guidelines. One of the many priorities identified by the Committee during the launch process, was the lack of specialized expertise and formal training opportunities for those providing care, support, assessment and treatment of persons with both a developmental disability and mental health needs (Carver, 2001). An Education Task Group is now in place with an eye toward increasing expertise and access to cross sector sharing of knowledge and skills for staff working with persons with a dual diagnosis. To begin to address these education initiatives, background research was conducted during the months of July and August 2001 on cross-sectoral training models and strategies in the area of dual diagnosis. This was achieved through a website review, key informant interviews and a data base search for published material. The final report provides a wealth of current information including key websites in the area of dual diagnosis with an annotated review; best practice training models and compilation of resource material; existing training initiatives in Ontario and beyond; resources required to support web-based training; opportunities for linkages/partnerships in Ontario; and recommendations for training options based on the information gathered. The Education Task Group is now looking at strategies for implementing systematic training within Toronto as well as opportunities for collaboration on a provincial level. They also want to distribute this report far and wide. To obtain an electronic copy of the report contact Susan Morris at susan_morris@camh.net

Update from the Board of Directors

Meet A New Board Member

Brenda Quinlan is presently the Director of Clinical and Residential Supports with Community Living South Simcoe. Over the past 15 years Brenda has worked with various Government and transfer payment agencies supporting individuals with a Dual Diagnosis. Previously she worked with the Bayview Dual Diagnosis Unit, Penetang Mental Health Centre as Coordinator of the Dual Diagnosis Outreach Team and Acting Director the program. Brenda has also worked extensively with the Ministry of Community and Social Services as a Psychometrist and Behavioural Consultant. Recently she completed a three year project with the Ministry of Corrections providing assessments of the Strict Discipline Facilities in Ontario for Young Offenders. Brenda has also sat on numerous Dual Diagnosis committees in Simcoe, Muskoka and Grey Bruce Counties and she is the current chair of the Mary McGill Community Mental Health Advisory Committee. Brenda also sits on the Advisory Board for the Georgian College DSW Program.

An Introduction to the Mental Health Needs of Persons with Developmental Disabilities.

Publication of the book is imminent. The delay has been due to the time required for the Ministries to review the content and the editors and authors to incorporate recommended changes. The book is also being translated into French. One copy will be distributed to each developmental and mental health agency free of charge. Additional copies will be able to be purchased at a nominal fee within Ontario. Watch for the Order Form in our next newsletter.

Communication Committee

The Communication Committee is currently focusing on public relations, looking to expand readership of the newsletter and membership. We are proceeding on a number of fronts to achieve this: 1) Advertising in the newsletter. This is ideal for reaching a market that has specific interests in dual diagnosis. See our first

See our first advertising feature in this newsletter.

advertising feature in this newsletter. 2) Expanding subscriptions to the rest of Canada. This issue has been sent free of charge to NADD members from across Canada. We are also looking for submissions from other provinces to tell us about new and innovative programs and policy directions occurring across our country. 3) We are going to expand our website, in particular with respect to the addition of more hyperlinks to related organizations and to include parts of our book. To submit articles contact Susan Morris - susan_morris@camh.net; fax # 416-583-4353.

Education Committee

On October 11 and 12, in Ingersoll, the NADD Ontario Chapter jointly sponsored with Regional Support Associates the conference: Preventing the Crisis: Managing Severe and Aggressive Behavior. 180 front line staff shared two days together exploring how to prevent violent and aggressive behavior. NADD board member Dr. Bob

Continued on next page.

2001 Board of Directors

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Board Update Continued

King welcomed participants on behalf of the Ontario chapter and gave a stirring motivational talk to close out the conference. York Behavior Management Services staff John Kosmopoulos presented an opening address which stressed a holistic approach to behavioral intervention and prevention. Some of the other topics focused on data collection, medications, dealing with self-injurious behavior and intrusive interventions. This was the fifth annual Regional Support Associates conference a tremendous success and forged a strong partnership with the Ontario chapter. If you are interested in running a jointly sponsored group, contact Brenda Quinlan.

Information Resources

Interesting WEB Sites:

www.cotarehab.ca Web site for COTA, Comprehensive Rehabilitation and Mental Health Services, a Toronto based agency that services individuals with developmental disabilities and dual diagnosis

www.autism.com/ari/mercurydetox.html : ARI Mercury Detoxification Consensus position paper

<http://groups.yahoo.com/group/ABA-BTs> : a Yahoo group for behaviour therapists working with individuals with developmental disabilities (children and adults) to share ideas and learn

Support Resources

Exceptional Parent Magazine includes an annual resource guide. Accessed through <http://www.3parent.com>

Dysphagia Resource Center Resources for swallowing and swallowing disorders - <http://www.dysphagia-diet.com>

Criminal Offenders with Mental Retardation: Risk Assessment and the Continuum of Community Based Treatment Programs. EJ Micclesen and WK Stelk (1999) Available through NADD, ANADD Store <http://www.thenadd.org>.

Education and Training Resources in Dual Diagnosis; Education Task Group, Toronto Dual Diagnosis Implementation Committee. Identifies key websites and provides an

A Partnership in Action

PROJECT S.A.R.A.H. - A Community Based Personal Safety Program of the the Tri Town and District Association for Community Living in Haileybury, has been awarded \$17, 500 from the Trillium Foundation. These funds will be used to produce a workbook that will teach individuals with an intellectual disability skills in personal safety. These safety skills will be taught as they relate to the Temiskaming district. The drama department of the Temiskaming District Secondary School is also assisting the project in the development of a training video that will be used in conjunction with the workbook. Project S.A.R.A.H. (Survivors Are Resilient Adults Healing) is an extension of the booklet Warning Signs, which was produced by the Kirkland Lake

Association for Community Living. The aim of Project S.A.R.A.H. is to teach personal safety and self protection skills in a consumer workbook format which will identify concretely the early signals of vulnerable situations, thereby teaching individuals how to avoid emotional, physical, financial and sexual abuse.

The project has been a collaborative effort of the Tri Town and District Association for Community Living in partnership with the Pavilion Family Resource Centre, the Developmental Disabilities Program of the North Bay Psychiatric Hospital and the Kirkland Lake Association for Community Living. Currently, plans are being made for the Pavilion Family Resource Centre to provide front line workers with in-service training with regards to understanding the cyclical nature of abuse. The Developmental Disabilities Program will also provide a training program that will assist caregivers

annotated review, best practice training models and resource material, resources required to support web-based training, opportunities for linkages/partnerships in Ontario, and existing training initiatives in Ontario and beyond. To obtain an electronic copy of the report contact Susan Morris at susan_morris@camh.net

in recognizing and supporting individuals with a post traumatic stress disorder. In addition, Mr. David Hingsburger will be providing training to self advocates, families, front line workers and the legal community with regards to the understanding of victimization issues and how to support and empower individuals with intellectual disabilities. Mr. Hingsburger also consults to the Project.

Currently, a committee is set up to begin the publication process. Representation on this committee consists of two self advocates, and the previously mentioned agencies. In addition the Cochrane Temiskaming Resource Centre is also a member of this working committee. Project S.A.R.A.H. will employ self advocates in the production of the workbook (drawings) and will provide further employment to the Adult Rehabilitation Centre, with the Tri Town and District Association for Community Living.

Project S.A.R.A.H. is headed by Ms. Carole Leveille who is a Supported Independent Living Worker with the Tri Town and District Association for Community Living, and Ms. Lynne Marwick who is a Mental Health Clinician with the Developmental Disabilities Program of the North Bay Psychiatric Hospital. Lynne's position is also supported by the Temiskaming Health Unit. For more information contact Lynne Marwick at 705-647-4305.



Call for Partnership Ideas

Send us a one page description of effective approaches and/or programs and it will be published in this newsletter. Include the major characteristics of the individual(s) being served, the major issues, the various roles of those involved in the partnership and why it is working. Send your description to Susan Morris. Fax: 416-463-4025 Email: susan_morris@camh.net.

Upcomming Events

State of the HART: Habilitative Achievements in Research and Treatment for mental Health in Developmental Disabilities - a Canadian Report Card. April 18-20, 2002, Vancouver BC. For information - Pippa Jefferys, interprof@cehs.ubc.ca, The University of British Columbia, 105-2194 Health Sciences Mall, Vancouver, V6T 1Z3. Tel 822-0054, Fax 8222-4835. <http://www.geocities.com/UBCinterprof>

Regional Support Associates. 2001 Workshops: For information www.regionalsupport.on.ca

International Certificate Programme in Dual Diagnosis
Intensive training courses in habilitative mental health for persons with developmental disabilities. A certificate programme offered by Brock University, St. Catharines, Ontario, Canada, in association with Niagara University, New York, USA, and the NADD.
Summer Institute 2002 Demystifying the Mental Health Diagnostic Criteria for Persons who are Developmentally Disabled **June 3-7, 2002 Faculty: Dr. Ruth Ryan** \$650.00 Canadian / \$450.00 US, Early Bird registration fee \$585.00 Canadian / \$400.00 US if received by Mar 1, 2002. For more information call: 905-688-5550 ext 3740, fax 905-682-9020 (Janet Sackfie) or email the Registrar Margaret Bernat) at mbernat@spartan.ac.brocku.ca

Do you want to join NADD?

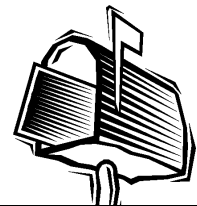
Call or write NADD at 132 Fair St, Kingston, New York 12401-4802. Telephone 845-331-4336, Fax 845-331-4569. E-mail: thenadd@aol.com. Web site: <http://www.thenadd.org>

Inquire about family, student, individual and organizational memberships. Cost is paid in US dollars with 20% returned to support Ontario Chapter activities. With NADD membership you receive this bulletin free of charge.

Do you want to subscribe to the "NEWS" without joining NADD?

Send ten dollars (fifteen dollars for residents outside Ontario) with your request to:

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Letters to the Editor

Please tell us what do you think? About program, treatment or planning issues. Send your comments to Susan Morris. Fax: 416-463-4025. Email: Susan_morris@camh.net.

Here & There

Cost of Services

Mental illness was estimated in 1998 to cost \$14.4 billion annually in Canada (The Journal of Addiction and Mental Health) This includes costs for medications, physicians, hospitals/other institutions, non-publicly insured mental health professionals and short term disability. A study in the Netherlands (July 11, 1998, BMJ. Vol. 317) found that in 1994, for medical costs only (i.e.

excluding non-medical, informal care costs) Mental Retardation and Down's Syndrome was the highest health care cost by diagnosis! That is, mental retardation comprised 8.1% of the total health care costs by diagnosis. Schizophrenia made up 1.4% of the health care cost; alcohol and drugs 0.8%. The top three costs by diagnostic group were mental retardation, (8.1%), Musculoskeletal diseases (6%) and dementia (5.6%). In comparison, the amount of money spent on coronary heart disease, a potentially fatal disease, was 2.5%.

Mental Retardation and Down's Syndrome was the highest health care cost by diagnosis! ..workbook in personal safety.

Physical Restraints

John Baird, Minister of Community and Social Services announced in September that physical restraints will be prohibited, except in cases where the safety of clients or staff are at risk. Policies and standards on the use of physical restraints will be developed by April 1, 2002 and be implemented by April 1, 2003. Funding will be provided for staff training in the use of restraints and

alternative behaviour management interventions. Regulatory changes will be proposed under the Child and Family Services Act and the Developmental Services Act, and reporting requirements will include incident reports sent to the Regional Offices and debriefing with clients, staff and supervisors.

NADD Ontario Chapter

Fall, 2001

News

Habilitative Mental Health Resource Network

A Twice Annual Bulletin of the Habilitative Mental Health Resource Network

Advertising Feature

This is a new feature available to anyone with an interest in dual diagnosis. The Ontario circulation of the newsletter is about 150 individuals, families, professional and paraprofessional staff and organizations. Quarter (25\$), half (50\$) or full (100\$) page advertisements will pay for inclusion in the Fall and Spring editions. To submit, contact Susan Morris at 416-583-4353 ext. 1136 or susan_morris@camh.net.

A HANDBOOK ON DUAL DIAGNOSIS

Supporting People with a Developmental Disability and A Mental Health Problem, 2nd Edition

by Jo Anne Nugent

This Handbook has been designed as a basic introduction to dual diagnosis for staff and families. It covers topics such as issues in diagnosis; prevalence; predisposition; pharmacology; therapy, and comprehensive assessment. Also reviewed are 7 major mental illnesses and how these present in persons with a developmental disability. The Mental Health Consultation Information Form, a comprehensive tool used to prepare for a consultation, is included. The Handbook is currently being used as textbook for community college courses. Price: \$35.00 plus \$3.00 shipping.

Contact Nugent Training & Consulting Services, 1603 Carmen Drive, Mississauga, Ontario, Canada, L5G 3Z2 at 905-891-1790(phone), 905-891-0908(fax), or jnugent@nugenttraining.com.

Full and Part Time Employment Opportunities

PSYCHIATRY, NURSING, OCCUPATIONAL THERAPY

Dual Diagnosis Program, Centre for Addiction and Mental Health
Toronto, Ontario

The Dual Diagnosis Program is an innovative specialized tertiary services providing a continuum of inpatient, day treatment, community based and education services within an academic health science centre environment. The program has been developed with strong commitments to cross sector collaboration, co-operation and partnership. The above positions are available for both the inpatient and outpatient services. All staff work within a multidisciplinary team providing outreach, consultation, time limited treatment and training services. Ability to work cross culturally and second language an asset. For information regarding the specific position requirements, academic and financial benefits, please contact Susan Morris at 416-535-8501, ext 1136 or susan_morris@camh.net