



AN ASSOCIATION  
FOR PERSONS WITH  
DEVELOPMENTAL  
DISABILITIES AND  
MENTAL HEALTH  
NEEDS

Fall/Winter 2013 - 2014

A Twice Annual Bulletin of  
the Facilitative Mental  
Health Resource Network

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### Do you want to join NADD?

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132 Fair St., Kingston,  
New York 12401-4802.  
Telephone 845-331-4336  
Fax 845-331-4569  
E-mail: [nadd@aol.com](mailto:nadd@aol.com)

Website:

<http://www.thenadd.org>

Inquire about family,  
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Cost is paid in U.S. dollars  
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# NEWS

## Habilitative Mental Health Resource Network

*Advertise your employment opportunities FREE of charge on the website. Submit a copy ready word document with expiry date to: [contactus@dualdiagnosisontario.org](mailto:contactus@dualdiagnosisontario.org)*

## MESSAGE FROM THE CO-CHAIRS

It is with excitement that together, we write our first *Message From the Chair(s)* as the new co-chairs of NADD Ontario. As mentioned in the last newsletter, this is a time of change, and we'd like to begin our first message with acknowledging the many contributions of our outgoing Board members and the unwavering leadership Susan provided as President. Additionally, we welcome new Board members (see below for details).

Following the AGM meeting in May, 2013 we ushered in a new strategic plan that will focus our efforts on continuing to contribute to creating a system that adequately meets the unique needs of individuals with a dual diagnosis and their caregivers. Our Work plan is concentrated on building momentum through collective action and on ensuring a competent workforce.

We look forward to connecting with the NADD Ontario membership and welcome the opportunity to discuss our NADD Ontario strategic direction, our work plan, or ways we can engage our membership in our efforts.

It truly is exciting times, and we look forward to the change we can enact through NADD Ontario.

Nancy Pilon and Trevor Lumb

## INTERMINISTERIAL NEWS

### An update of what is happening

2014 is going to be an important year in Ontario for Developmental Disabilities and in particular Dual Diagnosis. In addition to the much anticipated Ombudsman report and the Select Committee recommendations to be released in the coming months, there are two important initiatives that will affect how services to individuals with a dual diagnosis and/or challenging behaviour will be delivered.

The Ministries of Community and Social Services and Health and Long Term Care are leading the Dual Diagnosis Framework Working Group. The purpose of this group is to develop a program policy framework to replace the Dual Diagnosis Guideline. The intent of this document will be to set coordination/collaboration requirements for government, LHINs, Regional MCSS Offices, and providers (e.g. Community Networks of Specialized Care, health, mental health and developmental service providers) regarding services and supports to individuals with a dual diagnosis.

The second initiative also getting underway is the lead by the Networks of Specialized Care. MCSS has funded the Networks to develop and implement Care and Treatment Guidelines for individuals with a dual diagnosis and/or challenging behaviour. Ongoing monitoring of these guidelines will also be the responsibility of the Networks.

With these latter two initiatives Ontario will have established new directions about how the system is to be coordinated along with best practices to guide interventions.

NADD is represented on both these initiatives. Information will be posted on the website as it becomes available. NADD members will receive email notices when the site has been updated.

**NOTE:** As of December 31st the Ombudsman's office reports that "Due to the high number of complaints and the complexity of the issues, the Ombudsman's report is not expected until mid-2014". <http://t.co/oURsW6wMov>

## PARTNERSHIP IN ACTION

The vision of the educational fair, "Building for Today and Tomorrow", was created from the outcomes of the daily work of the Adult Protection Worker of the Muskoka Parry Sound Community Mental Health Service (MPSCMHS) and the Mental Health Clinician of the Developmental Disabilities Service of the North Bay Regional Health Centre in partnership with the Regional Dual Diagnosis Outreach Program, MPSCMHS. This partnership consists of the Ministry of Community and Social Services and the Ministry of Health.

In our rural, northern community in East Parry Sound, we heard from many Transition Aged Youth and their families how they want to belong, be productive, be contributing members in their community; yet how they are finding the current system challenging and are unsure of next steps after their school career is finished, contributing to psychosocial crises and negative impact on mental health.

Targeting both traditional DS sector resources as well as generic community resources, we invited representatives from the areas of housing, education, employment, recreation, health, spiritual, financial, legal and community agencies to an education fair. We hoped to provide an opportunity for young people to make connections in their community that would assist them in achieving their goals. An additional goal was to invest in mental health and wellness across a number of people, rather than responding to predictable psychosocial stressors on a case by case basis.

We approached over 55 local services and learned of the common interest as we presented it and promoted an increase of awareness and the challenges to overcome. We emphasized the need to understand the systems involved and the need to work in collaboration for successful transitions while enriching the lifestyle for those whom we support. We shared the need of bridging community services to create successful partnerships and promote shared responsibility in the area of youth as they look to their future.

We further partnered with our local high school in the creation of the event's logo. This venture provided education to the students, and how they perceived the vision of "Building for Today and Tomorrow", which was reflected in their artistic submissions.

"Building for Today and Tomorrow" provided information about the transition process and generated thinking about community resources. The event was organized offering young people ages 12 to 25 and care providers the opportunity to learn about what is available as they plan and transition through different phases of their life and build for the future. Over 100 people attended. Feedback from participants indicated the event was helpful in facilitating community connections in creating their future plans, with suggestions to facilitate similar events in the future. Heather Coombs 1-800-829-7050, [hcoombs@mpscmhs.on.ca](mailto:hcoombs@mpscmhs.on.ca)

## HERE AND THERE

In a study of adult women who were eligible for Ontario health coverage between April 2009 and March 2010, women with Intellectual or Developmental Disabilities were half as likely to be screened for cervical cancer as women without IDD (34% vs. 67%) and a third less likely to receive a mammogram (42% vs. 60%). Differences in screening rates remained after adjusting for age, rurality, income and expected use of health care resources. This finding suggests important implications public health interventions targeting women with IDD. May 2013, ICES At A Glance [http://www.ices.on.ca/file/AAG\\_2013\\_05.pdf](http://www.ices.on.ca/file/AAG_2013_05.pdf)

[https://knowledgex.camh.net/amhspecialists/specialized\\_treatment/dual\\_diagnosis/Documents/Dual\\_Diagnosis\\_Family\\_Guide.pdf](https://knowledgex.camh.net/amhspecialists/specialized_treatment/dual_diagnosis/Documents/Dual_Diagnosis_Family_Guide.pdf) A Family Guide to Dual Diagnosis includes information and educational material, quotations from family members, resources and contact information, tip lists and activities. Based on research through interviews and focus groups with families the on-line resource is divided into 3 parts: understanding dual diagnosis, supporting families and working with services. This is a very comprehensive resource for both families and service providers. A shorter information guide is also available for purchase and can also be viewed at

[https://knowledgex.camh.net/amhspecialists/specialized\\_treatment/dual\\_diagnosis/Documents/dual\\_diagnosis\\_infoguide.pdf](https://knowledgex.camh.net/amhspecialists/specialized_treatment/dual_diagnosis/Documents/dual_diagnosis_infoguide.pdf)

## INFORMATION AND SUPPORT RESOURCES

<http://www.mcass.gov.on.ca/en/mcass/publications/developmentalServices/developmentalServices.aspx> MCSS site for publications on developmental disabilities. A recent addition: Person Directed Planning and Facilitation. Outlines the elements of good planning and facilitation and establishes the minimum requirements for practice.

[www.family-alliance.com](http://www.family-alliance.com) Family Alliance Ontario website

[www.ssaahcoalition.ca](http://www.ssaahcoalition.ca) The SSAH/Passport Coalition (SSAHP)

[www.readabilityformulas.com/free-readability-formula-tests.php](http://www.readabilityformulas.com/free-readability-formula-tests.php) A free Text Readability Consensus Calculator that reviews a sample of writing and calculates the reading level and grade level of the material and if the intended audience can read the material.

<http://dualdiagnosis.camh.ca/Pages/default.aspx> Dual Diagnosis Primary

Care Toolkit - a one-stop resource to help primary care providers care for patients who have developmental disabilities and mental health problems. It includes a quick reference (The Primary Care Provider's Role), care management tools and guidelines, information to help locate--and link patients to--specialized supports and services. The Toolkit was developed by [Surrey Place Centre](#), the [Community Networks of Specialized Care](#) and the [Centre for Addiction and Mental Health](#).

[www.hcardd.ca](http://www.hcardd.ca) Health Care Access Research and Developmental Disabilities (H-CARDD) is a research program that aims to enhance the overall health and wellbeing of individuals with developmental disabilities through improved healthcare policy and improved services. H-CARDD research is conducted by dedicated teams of scientists, policymakers, and health care providers, working collaboratively. Check this site for the recently released Atlas on the Primary Care of Adults with Developmental Disabilities in Ontario.

[www.hsjcc.on.ca](http://www.hsjcc.on.ca) Human Service and Justice Coordination Committee – provincial website. They distribute a quarterly newsletter. Find the sign up link on the home page.

[www.ontariodevelopmentalservices.ca](http://www.ontariodevelopmentalservices.ca) Developmental Services Human Resource Strategy website

<http://transitionsqwr.ca/> Plain language information and worksheets for young people with developmental disabilities to help with planning the move from high school life to adulthood. The service listed are available in the Central West Region of Ontario.

Check out our website for what's new, great links and resources

[www.nadd.ontario.org](http://www.nadd.ontario.org)

[www.dualdiagnosisontario.net](http://www.dualdiagnosisontario.net)

## UPDATE FROM THE BOARD OF DIRECTORS

At the AGM we gave special recognition to six board members whose terms had come to an end. Mike Coxon, Karen Hirstwood, Terry Elliott, Jo Anne Nugent, Elizabeth Arnold, Naseema Siddiqui and Maria Gitta together have provide more than a few decades of voluntary service to the NADD cause! They will remain within the NADD 'family' and continue to provide support and advice as you will read about periodically in this newsletter. We are extremely grateful for their shared commitment and leadership that has contributed to ensuring that NADD has a vibrant and relevant future within Ontario.

Also at the AGM four new board members were elected. Gisele Forrest, representing the Central region position on the board, works in the children's services field and is our new Treasurer. Deborah Lawrence, representing the Western region, works with a specialized network provider and brings her many years of health experience to the table. Lynne Marwick joins us in one of the At-Large positions, bringing a wealth of experience in community mental health and developmental disabilities. Glenn Rampton, also in an At-Large position, is well known to many of you in relation to his achievements in leading the largest autism service provider in Ontario. Together with the continuing members, the work and direction of the organization is in the hands of a very experienced and broadly representative group.

One board position remains vacant. As we begin to move forward with the implementation of the strategic initiatives we will be looking for someone to fill the skill gap that is identified.

## STRATEGIC DIRECTIONS

Following approval of the 2013-2016 directions at the AGM, the Board has set to work on the two primary areas. Through the course of this work we are also reaching out to include the broader membership and others who can assist with achieving the outcomes.

### NADD ONTARIO GAME PLAN 2013-2016

STRATEGIC DIRECTION	ENABLING COLLECTIVE ACTION		ENHANCING WORKFORCE CAPACITY
	MENTOR/ADVISE OTHER ORGANIZATIONS	CREATE NETWORKS	PROMOTE ACCREDITATION & CERTIFICATION PROGRAMS
YEAR 3	NADD + PARTNERS HAVE A JOINT MANIFESTO ON DUAL DIAGNOSIS.  THIS MANIFESTO IS PROMOTED BY NADD+ PARTNERS.  JOINT ADVOCACY IS CONDUCTED BY NADD + PARTNERS.	A FORMALIZED RELATIONSHIP IS ESTABLISHED AMONG ORGANIZATIONS.	100% OF DSW GRADUATES ARE ACCREDITED IN DUAL DIAGNOSIS.  50% OF PROGRAMS FUNDED FOR SPECIALIZED SERVICES WITHIN THE NETWORKS ARE ACCREDITED IN DUAL DIAGNOSIS.  20 CLINICIANS PROVIDING SPECIALIZED SERVICES ARE ACCREDITED IN DUAL DIAGNOSIS.
YEAR 2	DEVELOP AN ENGAGEMENT PLAN BY MARCH, 2014.  CONDUCT OUTREACH &  ENGAGE PARTNERS BY DECEMBER, 2014.	THE SYMPOSIUM IS HELD.	COMPLETE DSW ACCREDITATION.  DEVELOP A PLAN FOR ACCREDITATION OF SPECIALIZED PROGRAMS AND CLINICIANS.
YEAR 1	DEVELOP A MANIFESTO BY DECEMBER, 2013.	A SYMPOSIUM IS CREATED TO BRING TOGETHER ORGANIZATIONS IN ONTARIO WITH AN INTEREST IN DUAL DIAGNOSIS.	REVIEW APPROPRIATENESS OF NADD ACCREDITATION FOR NADD ONTARIO.  ADOPT AN ACCREDITATION SYSTEM.  DEVELOP A PLAN TO ACHIEVE DSW ACCREDITATION.  IDENTIFY SPECIALIZED PROGRAMS AND CLINICIANS.

### Enabling Collective Action

NADD Ontario is in a unique position to reflect the concerns of a wide audience and to facilitate common goals, whether it be from individuals, families, or various services or sectors. Our common concern is the current system challenges in meeting the unique needs of those with a dual diagnosis, resulting in grave human and societal costs. In isolation our efforts have minimal or temporary impact, but at NADD Ontario we believe that together we can support each other to reach more people and make longer lasting positive change. The Collective Action working group is finalizing a Call to Action document that will define the needed changes for cross sector collaboration and provide common language for our members and interested stakeholders to use. You will receive an e-mail when it is available on the website. For information contact Patti Turcotte [Patti.Turcotte@nbrhc.on.ca](mailto:Patti.Turcotte@nbrhc.on.ca) or Trevor Lomb [tlumb@cwsds.ca](mailto:tlumb@cwsds.ca)

### Enhancing Workforce Capacity

We are on our way to achieving a Year 1 outcome! Thanks to our excellent relationship with NADD International and Jo Anne Nugent's leadership within Humber College a very creative solution has been found to broaden the opportunity for Direct Support Professionals in Ontario to receive NADD Certification. DSW students at Humber College will be able to receive credit for field placement and course hours so that students can take the certification test at graduation. The fee for graduating students to take the test will be reduced. A pilot launch will happen in 2014, with full implementation in 2015. With the potential of approximately 600 students graduating from College DSW programs annually, the next step is to bring this forward to the Ontario Colleges group. We are very grateful to Jo Anne for continuing in a leadership role on behalf of NADD Ontario. For information contact Deb Lawrence at [dlawrence@wgh.on.ca](mailto:dlawrence@wgh.on.ca)

## EVENTS

**NADD International Congress & Exhibit Show**, Miami, FL (May 7 – May 9, 2014)

**International Certificate Programme in Dual Diagnosis Summer Institute 2014.** The two courses this year focus on Management Supports for Positive & Rights Based Approaches and Severe & Challenging Behaviour – Supporting Individuals in the Community. Brock University. For information: [dualdiagnosis@brocku.ca](mailto:dualdiagnosis@brocku.ca) Registration: [www.brocku.ca/dualdiagnosis](http://www.brocku.ca/dualdiagnosis)

**NADD 31st Annual Conference & Exhibit Show**, San Antonio, TX (November 12 – November 14, 2014)

**Community Networks of Specialized Care, Calendar of events:** <http://www.community-networks.ca/controls/calendar/calendar.aspx?id=2>  
Webcast access link: <http://www.community-networks.ca/en/webcastsanddvd>

## BOARD OF DIRECTORS 2013 - 2014

### Co-Chairs

#### At Large

Trevor LUMB  
 Central West Community Network of  
 Specialized Care  
 Oakville  
[tlumb@cwsds.ca](mailto:tlumb@cwsds.ca)  
 905-844-7864

**At Large** 705-549-3181, x228

Nancy, PILON  
 Waypoint Centre for Mental Health Care  
 Penetanguishene  
[npilon@waypointcentre.ca](mailto:npilon@waypointcentre.ca)

### Treasurer

**Central Region**  
 Giselle FORREST 705-733-3227 EXT. 2296  
 Catulpa Community Support Services  
 Barrie  
[gforrest@catulpa.on.ca](mailto:gforrest@catulpa.on.ca)

### Secretary

**Eastern Region**  
 Alex CONANT 613-530-2400 ext. 24  
 Providence Continuing  
 Care Centre  
 Kingston  
[conanta@providencecare.ca](mailto:conanta@providencecare.ca)

### Past President

**Toronto Region**  
 Susan MORRIS 416-535-8501, x 31136  
 Centre for Addiction and Mental Health  
 Toronto  
[Susan.Morris@camh.net](mailto:Susan.Morris@camh.net)

### Northern Region

Patti TURCOTTE 705-474-8600  
 North Bay Regional Health Centre  
 North Bay  
[Patti.Turcotte@nbrhc.on.ca](mailto:Patti.Turcotte@nbrhc.on.ca)

### Western Region

Deb LAWRENCE  
 Regional Supports Associates 519-421-4248 ext. 2229  
 Woodstock  
[dlawrence@wgh.on.ca](mailto:dlawrence@wgh.on.ca)

### Members at Large

705-250-1448  
 Glenn RAMPTON  
 Alliston  
[glennrampton@me.com](mailto:glennrampton@me.com)

Lynne MARWICK  
 Developmental Disabilities Service 705-647-8305, Ext. 4226  
 In Partnership with the Timiskaming Health Unit  
 New Liskeard  
[marwickl@timiskaminghu.com](mailto:marwickl@timiskaminghu.com)

### Honorary Members

Dr. Dorothy GRIFFITHS  
 Dr. Robert KING  
 Dr. Bruce McCREARY

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