



AN ASSOCIATION
FOR PERSONS WITH
DEVELOPMENTAL
DISABILITIES AND
MENTAL HEALTH
NEEDS

Spring/Summer 2013

A Twice Annual Bulletin of
the Habilitative Mental
Health Resource Network

Inside this issue

Review of the Dual
Diagnosis Guideline

Partnership in Action
CAIR and ALC

Annual General Meeting
through videoconference

2012 Recipients of
Ontario Chapter
Recognition Awards

Do you want to join NADD?

Call or write NADD at
132 Fair St., Kingston,
New York 12401-4802.
Telephone 845-331-4336
Fax 845-331-4569
E-mail: nadd@aol.com

Website:

<http://www.thenadd.org>

Inquire about family,
student, individual and
organizational memberships.
Cost is paid in U.S. dollars
with 20% returned to support
Ontario Chapter activities



NEWS

Habilitative Mental Health Resource Network

Advertise your employment opportunities FREE of charge on the website. Submit a copy ready word document with expiry date to: contactus@dualdiagnosisontario.org

MESSAGE FROM THE CHAIR

Change is in the air and all around us! And NADD Ontario is making changes as well. At the AGM last year we revised the by-laws to decrease the number of board members to 10 so that we could operate more efficiently and engage more members in the work of task groups on strategic initiatives. The Board will turn over of approximately half its members at the May 31 AGM, many of whom have been active contributors for more than a decade. We are delighted to have filled all vacancies except one with very experienced and knowledgeable professional and family representatives from the health and mental health sectors. (See below for more details)

We have also updated our strategic directions for the next 3 years to a focus on two areas:

- Increasing the commitment to and partnership between existing provincial associations in relation to dual diagnosis
- Enhancing the capacity of Ontario's workforce by engaging employers, employees and new graduates in an accreditation and certification program

Join us at the May 31st AGM in Oakville or via video, where we will celebrate the recipients of this year's NADD Ontario Recognition Awards, the contributions of our retiring board members (who are committed to continuing on the new strategic task groups). The presentation this year will be on the accreditation and certification program offered by The NADD.

This will be my last communication to you as President of NADD Ontario. We are excited to announce that Nancy Pilon and Trevor Lumb will be taking over the leadership reigns as co-chairs. I will move into the position of Past-President and continue to edit the newsletter.

Hoping to see many of you at the AGM!

Susan Morris, President

INTERMINISTERIAL NEWS

An update of what is happening

Leveraging our strengths

There are at least monthly, if not close to weekly training workshops or video conferences offered across Ontario related to dual diagnosis and/or challenging behaviour. The Community Networks of Specialized Care have been leaders in this achievement. Over the next 3 years NADD Ontario will be focusing the further development of knowledge and skills at a

program and client level through accreditation and certification. There are also actions, with minimal effort, that can be undertaken now to advance our current efforts. For your consideration:

- Align training with annual Regional and/or Network priorities for service development and coordination
- Articulate the intended audience for training (e.g. generalist or advanced generalist) and the knowledge and/or skill competencies to be gained from attending (refer to Levels of Practice for Supporting Individuals with Dual Diagnosis, 2003)
- Implement a consistent approach to evaluating training including follow up assessments to measure skill acquisition (knowledge transfer)
- Partnerships between developmental and mental health specialized providers as well as academic institutions to enrich cross sector relationships and pedagogy.

PARTNERSHIP IN ACTION

The Collaborative and Individualized Resource (CAIR) Program and Alternate Level of Care (ALC) Clinic work jointly to transition and stabilize complex clients in the Toronto community – be that family home, group home, hospital, or treatment beds – while building capacity among agencies and caregivers to better support clients presenting with challenging behavior and similar complex needs. The CAIR program, funded by MCSS, works with the client's circle of care to develop a comprehensive and interprofessional clinical plan in order to facilitate the implementation of clinical recommendations. Staffing for CAIR is provided by Griffin Centre and CAMH.

Clients who have been designated Alternate Level of Care (ALC) reside on hospital inpatient units within the Toronto Central (LHIN), or within high support treatment beds within the Toronto Network of Specialized Care (TNSC) but are understood to have the ability to be maintained within community settings, given the appropriate resources. The Dual Diagnosis ALC Clinic at CAMH (funded by TCLHIN), offers behavioural assessment and intervention services to aid in the transition of clients into community settings, to support the implementation of behavioural recommendations identified in the clinical plan, as well as facilitate in-depth behavioural training for agencies, staff, and families.

Both CAIR and ALC have a pool of resources available to support the transitional process, and implementation of programming and training for the receiving provider. These resources allow ALC clients to move from higher support placements (such as hospital or treatment beds) to lesser support community placements (group homes). The ALC resources remain involved for up to 2 years.

HERE AND THERE

<http://www.vitacls.org/client/newsletter.aspx> A monthly newsletter published by Vita Community Services, Toronto, for Direct Support Professionals. The topics are wide-ranging and include clothing choices for staff, boundaries between staff and clients, grief

SUPPORT RESOURCES

eenetconnect.ca Evidence Exchange Network (EENet) is a knowledge exchange network that aims to make Ontario's mental health and addictions system more evidence-informed. The EENet community includes researchers, clinicians, decision-makers, service providers, system planners, policymakers, persons with lived experience, and families. The network promotes the use of evidence in decision-making, develops targeted knowledge translation products and tools, and supports interactive exchanges. The structure of EENet is founded on a "network of networks" concept: new and already existing networks link to EENet, resulting in broad, province-wide linkages that build on how stakeholders are already connected in the system. Check out the calendar of webinar events, forums and chat events addressing various topics related to mental health and addiction as well as evaluation and implementation science

www.MH-IDD.com Mental Health – Intellectual and Developmental Disabilities website. The source for the original articles published in the Mental Health Aspects of Developmental Disabilities journal that was published 1998-2009. It is the first journal of its kind in North America and many of the articles remain current.

<http://www.surreyplace.on.ca/Primary-Care/Pages/Home.aspx> The Developmental Disabilities Primary Care Initiative is happy to announce that most of the tools for primary care providers and caregivers are available electronically and in both French and English. Stay tune as a few more tools will be finalized in the next months.

<http://www.sickkids.ca/Good2Go/Transition-Interventions-Tools/Complex-Care-Resources-for-Families/Complex%20Care%20Transition%20Resource%20Guide.html>

Resource Guide for Adolescents and Families with Complex Care Needs in Ontario

Adolescents and families who need on-going care from multiple healthcare teams have complicated needs during the transition from paediatric to adult care. This guide is a starting point for Ontario families in planning for their teen with complex needs as they graduate from the paediatric system.

Check out our website for what's new, great links and resources

www.nadd.ontario.org

www.dualdiagnosisontario.net

UPDATE FROM THE BOARD OF DIRECTORS

The Annual General Meeting will occur on May 31st - with the primary location at Central West Specialized Developmental Services, Oakville . Virtual sites are available as listed below.

- Association pour l'integration sociale d'Ottawa, 235 Rue Donald, Ottawa
- Ongwanada, 191 Portsmouth Avenue, Kingston
- Bethesda, 3950 Fly Road, Vineland
- Hands TheFamilyNetwork.ca, 222 Main Street East, North Bay
- Community Living Kirkland Lake, 51 Government Road West, Kirkland Lake
- Regional Support Associates, 633 Colborne Street, 2nd Floor, London
- Tri-County Community Support Services, 349 A George St. North, Suite 303, Peterborough
- Surrey Place Centre, 2 Surrey Place, Toronto

To register another videoconference location please self register at:

<https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=27518036>

or contact Louise Spicer @ lspicer@clhmidland.on.ca

2012 Financial Report

The NADD Ontario financial position continues to follow the trend of expenditures being slightly higher than revenue. In 2012 expenses were \$2212.26 more than revenue, but \$4719.92 less than 2011. The difference between 2011 and 2012 is a result of no major projects being undertaken. Cash balance on hand as of December 31, 2012 was \$44,513.97 compared to \$46,612.26 in 2011.

Revenue in 2012 totaled \$7,096.17 which is \$3,290.21 less than 2011. This is due in part to decreasing book sales and a drop in membership rebate revenue from The National Association for Dual Diagnosis (NADD) for 2012. Despite this, these two items remain the primary sources of revenue for NADD Ontario.

Significant expenses for 2011 include:

Logo Redesign – Brock Ostrom Design - \$1,356.00

NADD Membership honorarium for student Conference attendees - \$988.14.

There was no significant year over year changes in other income or expense lines.

Copies of transaction registers and bank statements are sent to NADD for review by their auditors.

2012 Ontario Chapter Recognition Award Recipients

We had an overwhelming response with the nomination of 3 individuals and 3 teams for a total of 17 individuals. Thank you to all who took the time to tell the wonderful and personal stories of all nominees! We are delighted to be able to recognize the following leaders:

- **sprOUT Self-Advocate Team** for increasing the understanding and awareness of the abilities and needs of individuals with developmental disabilities
- **Dr. Ben Goldberg** for Lifetime Achievement
- **Jeffery Hamelin**, recognized posthumously for enhancing delivery of services, and whose passion for improving the lives of people with a developmental disability and their families made a difference every day to those he served. He was a model of acceptance, advocacy, kindness and dedication and an exemplar of a joyful life dedicated to his family and scholarship.
- **Lynne Marwick** in recognition of contributions to the enhancement of service delivery to individuals with a dual diagnosis and their families.

For more information about each of these remarkable individuals, visit the NADD Ontario website at <http://www.naddontario.net>

EVENTS

Health and Well Being in Developmental Disabilities, Delta Chelsea, Toronto

November 12 & 13. Confirmed speakers are Dr. Nicholas Lennox, Dr. Yona Lunskey, Dr. Dorothy Griffiths, Dr. Susan Parish, Dr. Helene Oullette-Kunz and Dr. Jonathan Weiss. For more information: <http://www.healthandwellbeingindd.ca/>

International Certificate Programme in Dual Diagnosis Summer Institute 2013. Brock University.

For information: dualdiagnosis@brocku.ca Registration: www.brocku.ca/dualdiagnosis

BOARD OF DIRECTORS 2012

President

Susan MORRIS
CAMH, Queen St. Site
Toronto
416-535-8501, x 1136
Susan_Morris@camh.net

Vice-President

Mike COXON
Camphill Communities Ontario
Angus
705-424-5363
mcoxon@rogers.com

Treasurer

Karen HIRSTWOOD
York Support Services Network
Sutton West
905-722-6484 ext. 228
khirstwood@yssn.ca

Secretary

Jo Anne NUGENT
Nugent Training &
Consulting Services
Mississauga
905-891-1790
jnugent@nugenttraining.com

Past President

Naseema SIDDIQUI
Ottawa, K2J 5N3
613-692-8619
nsidd@rogers.com

Members at Large

Elizabeth ARNOLD
Port Elgin
519-832-5554
arnoldr@bmts.com

Alex CONANT
Providence Continuing
Care Centre
Kingston
613-530-2400 ext. 24
conanta@providencecare.ca

Terry ELLIOTT
Mary Centre
Peel
905-866-6300
telliott@marycentre.com

Maria GITTA
UWO Developmental Disabilities Div.
Dept. of Psychiatry
London
519-455-5110, x 476
mgitta@uwo.ca

Trevor LUMB
Central West Community Network
of Specialized Care
Oakville
905-844-7864
tlumb@cwsds.ca

Nancy PILON
Mental Health Centre
Penetanquishine
705-549-3181, x228
npilon@mhcp.on.ca

Patti TURCOTTE
North Bay Regional Health Centre
North Bay
Patti.Turcotte@nbrhc.on.ca

Honorary Members

Dr. Dorothy Griffiths
Get info

Dr. Robert KING
Belleville
robertking.med@gmail.com

Dr. Bruce McCreary
Get info

www.nadd.ontario.org

www.dualdiagnosisontario.net