

Spring, 2005

**A Twice Annual Bulletin of the Habilitative Mental Health Resource Network.**

**IMPORTANT NOTICE:**

This will be the last hard copy Newsletter distributed. Beginning in the fall 2005 the Newsletter will be posted on our NADD website.

## Habilitative Mental Health Resource Network

### South Eastern Ontario Regional Dual Diagnosis Advisory Committee

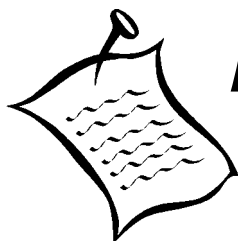
Results of inaugural meeting held January 18, 2005.

### The Ministry of Health and Long Term Care

Funding and policy announcements provide unique opportunities

### New Partnership developments

Central East Region unveils new specialized support resources.



## Message from the Chair

*NADD, Ontario remains a very vibrant chapter of the National Association of Dual Diagnosis (NADD). You will note in this current newsletter that the Board is actively reviewing ways in which it can enhance the organization's role as an information and education resource to promote understanding of dual diagnosis.*

*The need for more coordinated efforts to improve services and funding for individuals with a dual diagnosis is more evident now than ever before. With the announcement of the closure of three remaining institutions (for those with Developmental Disabilities) in the Province and the continuing growth of need within the community, the requirement for more services is even greater. The Minister of Community and Social Services has just announced an investment of \$41.1 million to strengthen services for adults with a developmental disability. The Minister said "We are taking a bold new approach in our transformation of developmental services". Most importantly she also emphasized:*

*"This is part of our plan to improve access to services for Ontarians with a developmental disability no matter where they live". The plan appears wide-ranging and inclusive. However, it is imperative that as professionals, service providers and families we must continue to work toward enhancing services as well as the knowledge base from which these are provided.*

*I once again invite our members to participate actively. We need input from families, direct service providers, professionals on how we can insure that the needs of this population remains a priority. Please send your feedback regarding the bulletin, the web site, or other publications to our Editor Susan Morris or any member of the Board. Also, we want to hear what is happening in your communities and share your successes with others. Best wishes for the summer!*

**Naseema Siddiqui, Chair**

**"...we want to hear what is happening in your communities..."**

## Consumer and Family Support Local Committee Update

On January 18, 2005 the inaugural meeting of the South Eastern Ontario Regional Dual Diagnosis Advisory Committee was held. The committee's vision is to create an interdependent system of shared care for individuals with both a developmental disability and a mental disorder throughout South Eastern Ontario focused on providing access to medical care, mental health, addictions and support services. The intention of the committee is to build on and support a practical change in day-to-day supports to individuals with a dual diagnosis. The committee will work to improve co-operation, co-ordination and sharing of expertise. The "key issue" identified is the reality that the service and support system is overextended with high demand and complex needs.

By sharing expertise the regional committee will:

- Build regional working relationships and recommend the development of service agreements in accordance with the 1997 Policy guideline: The Provision of Services for Persons with a Dual Diagnosis

*Continued on next page*

- Contribute to communication among partners in the region regarding availability of existing services, mandates, trends, and service pressures
- Develop a template for protocols for use by local community service providers (i.e. in each two county area) in describing arrangements for the provision of normal day-to-day services and when an individual with a dual diagnosis is in crisis
- Support the development of protocols regarding any types of services or situations that may benefit from clarity in arrangements
- Ensure that the protocol/process will be reviewed and updated to respond to changes in systems, resources and the overall environment
- Provide a forum for the sharing of information on evidence based practices and service gaps and proactively advocate for ongoing improvements to collaboration and services
- Gather and disseminate information regarding needed training, new initiatives, and utilization of current resources in the district/region.
- Promote the development of research within the district/region which is deemed likely to contribute to evidence based practices
- Create an index (database) of resources to assist us to work across systems

Co-chairing the committee are Bob Cunningham, Executive Director, Mental Health Services- Hastings Prince Edward and Geoff McMullen, Executive Director Developmental Services of Leeds and Grenville. Committee members include representation from the range of children and adult community mental health providers, developmental service providers, corrections, the psychiatric hospital and University. For more information, please contact Alex Conant, at [conanta@pccchealth.org](mailto:conanta@pccchealth.org)

**Please tell us what do you think? What is it that you would like the new policy for Developmental Services to address? E-mail your comments c/o Susan Morris at [susan\\_morris@camh.net](mailto:susan_morris@camh.net)**

## Interministerial News

An unprecedented convergence of opportunities is occurring in Ontario for Dual Diagnosis! The Ministry of Health and Long Term Care has begun investments in the mental health sector that focus on reducing the need for hospitalization. The goal of the current government is to invest an additional total of \$185 million by 2007-08. The funding priorities are intensive case management, crisis response, early intervention psychosis, Assertive Community Treatment and supportive housing. Additionally \$27 million was announced this winter under the Forensic Service Enhancement Strategy in an effort to limit the number of mentally ill persons (including individuals with a dual diagnosis) entering the criminal justice and correctional systems. Service expansion is focused on building a system of crisis response/outreach, short-term residential crisis support beds, supportive housing,

**“An unprecedented convergence of opportunities is occurring in Ontario for Dual Diagnosis!”**

court support services and intensive case management services.

At the same time the Developmental Sector is about to release the next policy document for consultation related to transformation of that sector. Additionally a recent announcement occurred regarding investment of \$41.1 million into training, specialized care and housing for individuals who have very high needs as a result of mental health issues and/or challenging behaviours.

This is the ideal time for local dual diagnosis committees to provide leadership in facilitating and supporting collaboration between the developmental sector structures (e.g. residential service committees and service resolution processes) and housing committees and specialized multidisciplinary teams in the mental health sector. It's an opportunity to forge creative solutions that build on the strengths of both sectors and to address longstanding gaps!

## A Partnership in Action

Central East Region (Simcoe, York, Durham and Haliburton, Kawartha Pine Ridge) has a new specialized resource to support persons with exceptionally high levels of need. **The Pineview Project** consists of three components. The **Transitional Residential Treatment Home** is a 5-bed short-term (maximum 12 months) treatment program located on the grounds of the Mental Health Centre Penetanguishene and is managed by Community Living Huronia. **Community Capacity Building** includes training to support local communities to work with people with a dual diagnosis.

The **Mobile Resource Team** was developed to prevent hospitalization and admission to the Transitional Residential Treatment Home by offering support to community teams. The multidisciplinary team includes participation from the Pineview Treatment Home, York Simcoe Behaviour Management Services, Penetanguishene Mental Health Centre

Dual Diagnosis Program, Community Living Huronia, Catulpa Community Support Services, Kerry's Place Autism Services, Access Community Services, Canadian Mental Health Association and Whitby Mental Health Centre. Functions of the team include meeting with the individual referred and his/her community team, reviewing current supports and treatment plans, providing suggestions as to connections with community resources, using an individualized approach to make recommendations for the person to remain in the community, perhaps with additional supports as required, admission to the treatment home, or hospitalization. To date, the Mobile Resource Team has had 15 inquiries, completed 9 intakes and provided community home support for 4 individuals. For more information contact Nancy Haans, Pineview Project Coordinator(705) 549-1773 or [nhaans@clhmidland.on.ca](mailto:nhaans@clhmidland.on.ca).

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Brock University

**Dr. Robert King**

North Bay Psychiatric Hospital

**Dr. Chris Stavrakaki**

Children's Hospital Of Eastern Ontario

## Update from the Board of Directors

**Meet a New Board Member**

Ron McCauley has been active in the field of Developmental Disabilities since 1980. Over this span of time he has worked in a variety of roles ranging from Manager and Behaviour Therapist in a community based agency to Director of Residential, Vocational, and Community Services. In the early 1990's he was directly involved in the development and implementation of a post-diploma course in applied behaviour analysis at Cambrian College, taught in the program on a part-time basis, and served as the Community Chair on the advisory committee. Ron currently is the Executive Director at Community Living Trenton & District and is involved in the South East Regional Dual Diagnosis Committee. He is cur-

rently the Chair of the South East Executive Directors' Committee (Community Living Ontario) and has been a member of the NADD-Ontario Board of Directors since 2004.

**Committee Updates**

At the April and May meetings the Board undertook a strategic planning process. The role of each committee was reviewed in relation to enhancing the achievement of the overall vision of the organization and to support accessibility to the resources of the organization. Some initial decisions include discontinuation of hard copy versions and subscriptions to the newsletter and integration of the

newsletter onto the website. The Communication Committee will develop a process for electronic notification of the updated newsletter available on the web, and undertake more frequent updating of web pages. The Education Committee is discussing the feasibility of e-learning and web-based training, as well as re-working parts of the dual diagnosis training book to provide practical suggestions and strategies for families and caregivers. In our Fall newsletter, posted on the web, we will publish our updated vision and goal statements and provide more information on the activities of each committee.

**"...integration of the newsletter onto the website."**

# Here & There

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**The Standing Senate Committee on Social Affairs, Science and Technology** is conducting an online consultation to provide citizens with the opportunity to express their views on the options for transforming the mental health, mental illness and addiction system that are currently being considered by the Committee. The online consultation will run from April 11, 2005 to June 6, 2005. There are two ways to participate in this online consultation: consultation workbook presents various scenarios and alternatives for consideration, as well an opportunity to set priorities for action; and an ideas and recommendations section allows participants to make suggestions for the committee to consider. The bilingual online consultation website is available at the following addresses:  
[www.parl.gc.ca/mentalhealth](http://www.parl.gc.ca/mentalhealth) or  
[www.parl.gc.ca/santementale](http://www.parl.gc.ca/santementale).

**A Caregiver Online Consultation** sponsored by Social Development Canada can be accessed from Social Development Canada's website at [www.sdc.gc.ca](http://www.sdc.gc.ca). May 4, 2005, to June 30, 2005. (Click on Consultations). Their focus at this time is on family/unpaid caregivers. They want to learn more about the experiences of caregivers and to hear about the priorities of caregivers, care receivers, and Canadians. They want to hear particularly from family/unpaid caregivers and their care receivers. There are two ways to participate: one is through a stories and ideas area, and the other is by completing an online consultation workbook.

**Federal Rent Supplements to Improve Access to Affordable Housing** was announced by the by Federal Housing Minister Joe Fontana on March 23, 2005. Approximately \$150 million is to be used for rent supplements in Ontario to support low-income individuals in affordable housing. The funding was originally to be cost shared with the provincial governments. Because of limited provincial involvement in the program, only \$65 million of the budgeted \$366 million was spent. The program has been changed to allow half of the remaining amount to be used in rent supplements without matching provincial support. The funding

depends on a signed agreement between the provincial and federal governments. One-third of the funding will likely be directed to people living in Toronto, and will be directed to low-income seniors, people with disabilities and new Canadians. For more information, see "Federal Housing Minister Fontana Announces New Option for Affordable Housing," March 23, 2005, at [www.cmhc-schl.gc.ca](http://www.cmhc-schl.gc.ca).

**Fifty-two Family Health Teams** were announced on April 15, 2005 by the Ontario Ministry of Health and Long-Term Care. The goal is to serve over one million Ontarians through a total of 150 teams by 2007-2008. Family health teams are interdisciplinary groups of health care professionals, including doctors, nurses, nurse practitioners, social workers and other health care professionals, who will provide primary health care in a collaborative setting. Family health teams will also be available for extended hours. For more information on family health teams, visit [www.health.gov.on.ca/transformation](http://www.health.gov.on.ca/transformation)

**Accessibility for Ontarians with Disabilities Act** was voted into law on May 10, 2005. For more information on Bill 118, the Accessibility for Ontarians with Disabilities Act, visit [http://www.ontla.on.ca/documents/Bills/38\\_Parliament/Session1/index.htm#P736\\_67949](http://www.ontla.on.ca/documents/Bills/38_Parliament/Session1/index.htm#P736_67949)

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## Call for Partnership Ideas



Send us a one page description of effective approaches and/or programs and it will be published in this newsletter. Include the major characteristics of the individual(s) being served, the major issues, the various roles of those involved in the partnership and why it is working. Send your description to Susan Morris. Fax: 416-463-4025  
Email: [susan\\_morris@camh.net](mailto:susan_morris@camh.net).

## Information Resources

### Interesting WEB Sites:

<http://www.opadd.on.ca>

Website for the Ontario Partnership on Aging and Developmental Disabilities. This is a partnership of service providers working in long term care and developmental disabilities, provincial associations, planning bodies, educational institutions and local initiatives. Dedicated to ensuring that older adults with developmental disabilities enjoy the same rights and opportunities to service and support as every senior in Ontario

<http://www.mcf.gov.bc.ca/autism/adults.htm>

Adults with Autism Spectrum Disorder, Ministry of Children and Family Development, Government of British Columbia. Includes government policy and procedures for autism services, a parent's handbook to services and other interesting links.

[http://www.acf.hhs.gov/programs/pcpid/2004\\_rpt\\_pres/2004\\_report.html](http://www.acf.hhs.gov/programs/pcpid/2004_rpt_pres/2004_report.html)

Report to the President – A Charge We Have to Keep, offers recommendations within the conceptual framework of the challenges and goals outlined in the President's New Freedom Initiative (NFI) for people with disabilities.

## Support Resources

<http://www.pwd-online.ca>

A site where persons with disabilities, their family members, caregivers and service providers can access a full range of information on disability-related programs and services in Canada.

<http://www.canadabenefits.gc.ca>

The Benefits Finder, provides a resource list of benefits specific to your situation and needs as well as by province.

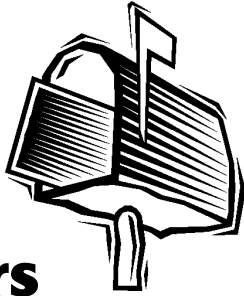
[www.bris.ac.uk/Depts/NorahFry/index.htm](http://www.bris.ac.uk/Depts/NorahFry/index.htm)

Information for service users on psychotropic medication, part of a project on Medication Matters, by the Norah Fry Research Centre, University of Bristol, the UK.

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<http://www.schizophrenia.ca/famref/szref1.pdf>

Learning About Schizophrenia: Rays of Hope. A Reference Manual for Families and Caregivers. Published by the Schizophrenia Society of Canada.



## Letters to the Editor

Please tell us what do you think? About program, treatment or planning issues. Tell us what is happening across Canada. E-mail your comments c/o Susan Morris at [susan\\_morris@camh.net](mailto:susan_morris@camh.net)

*The Habilitative Resource Network Reserves the right to edit material submitted for publication.*

# Educational Events

**Behavioural Intervention: An Introduction** The Positive Systems Approach (PSA) combines Applied Behaviour Analysis, Gentle Teaching and Social Systems Theory, into a comprehensive and positive treatment model. Friday, June 10, 2005, 9:30 – 4:00 Best Western Little River Inn, Simcoe COST: \$40.00 (Lunch is provided) Presented by: Reg Egilsson, Eric Wright, MA. Regional Support Associates. For more information please call Jayne Joyes at 1-800-640-4108, Ext. 2412

**Understanding and Treating Individuals with Obsessive-Compulsive Disorder** Do you support individuals who feel trapped in a pattern of unwanted and upsetting thoughts that repeat themselves over again? Many people with OCD report that they have upsetting thoughts or images that enter their mind again and again. This workshop will discuss the latest research and education as well as practical, behavioural and cognitive-behavioural approaches to treating OCD. Tuesday, June 21, 2005. 9:30 – 4:00 Best Western Lamplighter Inn, London COST: \$80.00 (Lunch is provided) Presented by: Dr. Robert Carey, Ph.D. C.Psych. & Dr. Karen Baker, Ph.D. C.Psych. Regional Support Associates. For more information please call Jayne Joyes at 1-800-640-4108, Ext. 2412

**International Certificate Programme in Dual Diagnosis** Intensive training courses in habilitative mental health for persons with developmental disabilities. A certificate programme offered by Brock University, St. Catharines, Ontario, Canada, in association with Niagara University, New York, USA, and the NADD. For more information call: 905-688-5550 ext 3740, fax 905-682-9020 (Janet Sackfie) or email the Registrar (Margaret Bernat) at [mbernat@spartan.ac.brocku.ca](mailto:mbernat@spartan.ac.brocku.ca)

**Beyond the Next Horizon – Partnership in Action.** 2005 International Special Needs Offender Conference Sept 11-14, 2005. Fairmont Chateau Laurier Hotel – Ottawa. Special Needs Offenders includes High Risk/Repeat Offenders, Mentally Ill Offenders, Developmentally Disabled Offenders. For Information 416-694-9713 or [info@specialneeds offenders.org](mailto:info@specialneeds offenders.org)

**NADD 22nd Annual Conference & Exhibit Show** – From Genes to Policy: The Many Faces of Dual Diagnosis (MH/MR). October 26-29, 2005 Hyatt Regency St. Louis at Union Station, St. Louis, MO

**NADD International Congress VI** – Visions of the Future of Our Field: Intellectual Disability and Mental Illness, March 15-18, 2006 The Fairmont Copley Plaza Hotel, Boston, MA

## Do you want to join NADD?

Call or write NADD at 132 Fair St,  
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Telephone 845-331-4336  
Fax 845-331-4569.  
E-mail: [nadd@aol.com](mailto:nadd@aol.com).  
Web site: <http://www.thenadd.org>

Inquire about family, student, individual and organizational memberships. Cost is paid in US dollars with 20% returned to support Ontario Chapter activities. With NADD membership you receive this bulletin free of charge.