

Dual Diagnosis

**An introduction
to the mental health needs of persons
with developmental
disabilities**

Editors

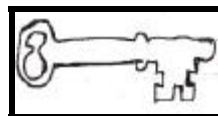
**Dorothy M. Griffiths,
Chrissoula Stavrakaki
and
Jane Summers**



Dual Diagnosis

**An introduction
to the mental health needs of persons
with developmental disabilities**

These drawings by one of our clients, illustrates the message that a biopsychosocial approach is the “KEY” to providing optimal service to individuals with Dual Diagnosis.



**We wish to
dedicate this book to
all the persons with dual diagnosis who contributed to our
understanding.**

Dual Diagnosis: An introduction to the mental health needs of persons with developmental disabilities

**Published by: Habilitative Mental Health Resource Network
First Printing, June 2002**

**Copyright © 2002 Habilitative Mental Health Resource Network
Plaza 69 Postal Outlet
1935 Paris Street
Box 21020, Sudbury
Ontario P3E 6G6
Canada**

All rights reserved. Except for reviews, this book, or parts thereof, may not be reproduced in any form without written permission from the Publisher.

Canadian Cataloguing in Publication Data

Dual Diagnosis: An introduction to the mental health needs of persons with developmental disabilities/ edited by Dorothy Griffiths; Chrissoula Stavrakaki; and Jane Summers

Includes references and index

ISBN 0-9688694-0-8

- 1. Developmental Disability**
- 2. Mental Health Problems**
- 3. Dual Diagnosis.**

Cover design : Usha Meister, Hamilton, Canada

Illustration facing page : Terry Bastarache

Printed in Canada by : Webcom Limited

About our authors:

Judy Adamson, R.N.

is with the Area Resource Team at Hamilton Health Sciences, with many years experience as a clinical psychiatric nurse for individuals with dual diagnosis. Her areas of interest include community mental health programs and crisis intervention models.

Ruxandra Antochi, H.B.Sc., M.D.

received her B.Sc. in Biology (Honors program) from the University of Guelph, followed by medical training at the University of Western Ontario. She has published on basic science research. Dr. Antochi is currently a third year resident in Psychiatry at the University of Ottawa.

Kerry Boyd, MD, FRCP (C)

completed her medical training at the University of Western Ontario in London, Ontario, and specialty training in psychiatry at McMaster University in Hamilton, Ontario. She now sub-specializes in the realm of dual diagnosis and is a consulting psychiatrist with the Area Resource Team at Hamilton Health Sciences.

Elsbeth Bradley, Ph.D. MBBS FRCP (C)FRC. Psych.

completed her Ph.D. in neurobiology and behaviour and medical studies at the University of London, UK. She trained in psychiatry, specializing in developmental disabilities at the Maudsley and Bethlem Royal Hospitals and at the Institute of Psychiatry, London, UK. Currently, Dr. Bradley is Psychiatrist-in-Chief at Surrey Place Centre, Toronto, and is Associate Professor in the Department of Psychiatry, University of Toronto. Her research interests include mental health disturbances in persons with developmental disability and autism, and self-psychological approaches to therapy.

Lillian Burke, Ph.D.

specializes in Clinical/Developmental psychology. She is presently a consultant in private practice. She has worked in community and facility settings with children and adults with developmental disabilities. Her focus is in both clinical and research activities on dual diagnosis, autistic spectrum disorders, aging, sexual assault and women's issues.

Robert Carey, Ph.D. C. Psych.

is in full time private practice at Carey & Associates. He is the former Director of the Community Support Team with Oxford Regional Centre. He continues to be a Consultant to Regional Support Associates and many Associations for Community Living.

Thomas Cheetham, M.D.

is Director of the Developmental Disabilities Program at the University of Western Ontario. He is medical co-leader of the Dual Diagnosis Developmental Behaviour Management Unit at Regional Mental Health Care, St. Thomas and provides primary medical care at Southwestern Regional Centre. For the past 25 years, he has worked with persons with developmental disability.

Laurie Dart, MSW, R.S.W.

been the Executive Director of the Griffin Centre since 1987, an agency with expertise in the delivery of mental health services to individuals with complex needs. She has extensive clinical, program development and management experience in the young offenders, children's mental health and developmental service sectors.

Len Dykstra M.S.W.

is Education co-ordinator with Brain Injury Community Re-Entry of Niagara; a counselor with the Personal Counseling Centre and Brock University; and does private counseling in St.Catharines. He has extensive experience supporting persons with a dual diagnosis. He is a former Adult Protective Service Worker and co-ordinator/social worker with the Niagara Dual Diagnosis Team based in St.Catharines, Ontario.

J. Paul Fedoroff, B.A (dist), M.D.,DABPN (P)

is Associate Professor of Psychiatry at the University of Toronto and Co-Director of the Sexual Disorder Program of the Royal Ottawa Hospital. He is former chair of the Clinical Ethics Committee of the Centre for Addiction and Mental Health. His research interests include neuropsychiatry influences on sexual behaviors.

Keith Fidler M.D.

holds a M.D. degree from the University of Western Ontario. He spent time in India and returned to do Family Medicine in the Smiths Falls area. He has worked with persons with developmental disabilities for over 20 years and has been Assistant Professor at Queen's University, Department of Family Medicine, since 1985 with duties at Rideau Regional Centre, a facility for persons with developmental disability.

Sandra Gahan M.S.W.

has previously worked as an Adult Protective Service Worker and Family Service worker with Family and Children's Services Niagara. Currently Sandra is the Clinical Social Worker with Brain Injury Community Re-Entry of Niagara.

William R. Gapen (Bill) B.A., B.S.W., M.S.W., C.S.W.

is the Clinical Facilitator for the Griffin Community Support Network. He is also a faculty member with the Human Services Counselor Program at George Brown, and an adjunct faculty member with the School of Social Work at York University and the Centre of Addiction and Mental Health. In addition, he has been an active member in the social services community for 15 years assisting persons who are dually-diagnosed in Toronto.

William I. Gardner, Ph.D.

is a Professor Emeritus, Rehabilitation Psychology Program, University of Wisconsin-Madison. He is a long-term board member of NADD and currently serves as Vice-President. He has over 150 publications in the area of mental health issues with persons with developmental disabilities.

Valerie Gignac, D.H.S..W.

is a behaviour therapist with the Area Resource Team, Hamilton Health Sciences. She has completed her DHSW and ABA certificates. She has worked in Developmental Services for 30 years and as a behaviour therapist for thirteen years.

Dorothy M. Griffiths, Ph.D.

is a Professor in the Child and Youth Studies Department at Brock University, St. Catharines. She has been on the Executive Board of NADD for 15 years and is a member of the Habilitative Mental Health Resource Network of Ontario. Her research, writing and lectures focus on persons with dual diagnosis and challenging behaviours.

Brenda Habjan, E.C.E.

is a communication assistant with the Area Resource Team, Hamilton Health Sciences, and has a diploma in Early Childhood Education and is trained as a Resource Teacher. Her interests include teaching sign language and working with individuals with autism.

Robert King (Bob) M.D., FRCP(C)

is consultant psychiatrist to the Developmental Disabilities Program of the North Bay Psychiatric Hospital. He was the recipient of the Robert Sovner Memorial Essay Award in 1998 and continues to publish and lecture frequently in the field of Dual Diagnosis.

Yona Lunsky Ph.D., C.Psych.

is currently working on post-doctoral research in dual diagnosis. Her clinical and research interests are in the psychosocial risk factors for dual diagnosis. She was trained at Ohio State University.

William J. Mahoney, M.D., FRCP (C)

is director and Clinical Leader of the Developmental Pediatric Programs at the Chedoke Child & Family Center, part of the Children's Hospital at Hamilton Health Sciences that supports children with Developmental Disabilities and their families. He is involved in research on the genetics of Autism and other Pervasive Developmental Disorders.

Bruce D. McCreary, M.D., FRCP (C)

is Professor of Psychiatry and Chairman of the Division of Developmental Disabilities at Queen's University. He has worked in the field of developmental disabilities for over 30 years and has a special interest in the association between Down's Syndrome and Alzheimer's disease. He provides "outreach" consulting services in southeastern Ontario, including a regular clinic at Rideau Regional Centre in Smith Falls.

Jacqueline McFarland, Ph.D.

is an Assistant Professor of Education at Niagara University. Dr. McFarland specializes in Special Education, especially in the area of inclusion of students with special needs in the regular classroom, and students with severe and profound disabilities. Other topics of interest and research include dual diagnosis and multiple/physical disabilities.

Charles Meister, M.A., C. Psych. Assoc.

is facilitator of the Behaviour Therapy Consultation Service and the Area Resource Team at Hamilton Health Sciences. His areas of expertise include Sexuality, Socio-Sexual education and training, Anger Management, and Applied Behaviour Analysis.

Susan Morris, B.S.W., M.S.W., R.S.W.

is the Clinical and Administrative Director of the Dual Diagnosis Program at the Centre for Addiction and Mental Health. She also holds a cross appointment as a lecturer with the Department of Psychiatry, University of Toronto. Susan has worked in the hospital and children's sectors and has extensive experience in clinical, program and system development for individuals with dual diagnosis. Susan is Editor of the Habilitative Mental Health Resource Network Newsletter.

JoAnne Nugent, M.S.W.P.

is professor at Humber College, Toronto, and a private consultant/trainer working extensively in the area of dual diagnosis. She is a board member of the National Association on Dual Diagnosis, chairperson of the Habilitative Mental Health Resource Network and chairperson of the Peel Region Dual Diagnosis Committee. JoAnne is the author of several books.

Frances Owen, Ph.D., C. Psych.

is Associate Professor of Child and Youth Studies at Brock University, and was formerly a counselor educator in the graduate program of Niagara University's College of Education. She has worked as a psychologist in schools and community service agencies, and has been a supervisor in various human service organizations.

Patricia Peppin, B.A.(Hons.), M.A., LL.B.

is Associate Professor in the Faculty of Law and Assistant Professor in the School of Medicine at Queen's University. She teaches and does research in the field of health law, and has a particular interest in women's health, mental disability law and drug liability and regulation. She has chaired the Developmental Consulting Program and has worked with the Ministry of Community and Social Services.

Julie Reid, M.A. CCC-SLP

is the Speech Language Pathologist with the Area Resource Team at the Hamilton Health Sciences Corporation. Her research interest is in the area of dysphagia.

Debbie Richards, C.H.M.H.

is the supervisor of the sexuality programme / clinic for the Welland District Association for Community Living and other local agencies. She has lectured in the area of sexuality and most recently co-developed a protocol for reporting sexual assaults for individuals who have developmental disabilities.

Debra L. Smith, C.C.W.

is a graduate of the Law and Security Administration program and the Ontario Police College. She has been with the Niagara Regional Police Service for several years in the Child Abuse Unit, investigating sexual and physical assaults against children under the age of sixteen as well as persons with developmental disabilities. Prior to this she was behaviour therapist for persons with developmental disabilities.

Jane Summers, Ph.D., C. Psych.

is Clinical Leader of Area Resource Team and Behaviour Therapy Consultation Service, Chedoke Child & Family Center, Hamilton Health Sciences. She is also an Assistant Professor in the Department of Psychiatry and Behavioural Neurosciences, McMaster University. She was Director of Outpatient Services in the Department of Behavioural Psychology at the Kennedy Krieger Institute, Baltimore, Maryland.

Chrissoula Stavrakaki, M.D., Ph.D., MRC Psych., FRSM, FRCP (C)

is Director of the Dual Diagnosis Program at the Children's Hospital of Eastern Ontario, and an Associate Professor and Co-ordinator of Dual Diagnosis Services for the Department of Psychiatry at the University of Ottawa. She has written books and publications on topics pertaining to Child Psychiatry and Developmental Disabilities and has done numerous presentations locally, nationally and internationally.

Peggy Taillon-Wasmund, B.S.W., B.A. (Hons.) Law, DPA

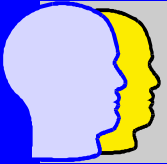
is the Co-ordinator of the Champlain Mental Health Task Force. She has been an advocate and community developer for most of her professional career. She has published many articles and written various reports relating to human service development and reform.

Shelley L. Watson, M.Ed., C.H.M.H.

currently works at Welland District Association for Community Living where she conducts social skills and sexuality training, as well as research and assessments of socio-sexual skills. Shelley has co-authored several articles and chapters on sexuality and disability issues.



Multi-Disciplinary



“The editors of this book have brought together clinicians and professionals who are among the best and brightest in the province (and beyond) in the field of developmental disabilities”..

**Dr. Benjamin Goldberg
Psychiatrist & Professor Emeritus
University of Western Ontario**

Distinguished Contributors

**Judith Adamson, R.N.
Ruxandra Antochi, M.D.
Kerry Boyd, M.D.
Elspeth Bradley, MBBS, Ph.D.
Lillian Burke, Ph.D.
Robert Carey, Ph.D.
Thomas Cheetham, M.D.
Laurie Dart, M.S.W.
Len Dykstra, M.S.W.
J. Paul Fedoroff, M.D.
Keith Fidler, M.D.
Sandra Gahan, M.S.W.
William R. Gapen, M.S.W.
William I. Gardner, Ph.D.
Valerie Gignac, D.H.S.W.
Dorothy M. Griffiths, Ph.D.
Brenda Habjan, E.C.E.**

**Robert King, M.D.
Yona Lunsky, Ph.D.
Jacqueline MacFarland, Ph.D.
William J. Mahoney, M.D.
Bruce D. McCreary, M.D.
Charles Meister, M.A.
Susan Morris, M.S.W.
JoAnne Nugent, M.S.W.P.
Frances Owen, Ph.D.
Patricia Peppin, M.A., LL.B.
Julie Reid, M.A.
Debbie Richards, C.H.M.H.
Debra L. Smith, C.C.W.
Chrissoula Stavrakaki, M.D., Ph.D.
Jane Summers, Ph.D.
Peggy Taillon-Wasmund, B.S.W.
Shelley I. Watson, M.Ed., C.H.M.H.**

**NADD Ontario
(Habilitative Mental Health
Resource Network)**

ISBN 0-9688694-0-8



Printed in Canada