

## **Resilience in Times of Grief and Loss An OADD Educational Event**

### **Dear OADD members and 2020 Conference registrants**

In response to feedback from members we have created a series of free workshops from submissions to the 2020 OADD conference. COVID may have cancelled the conference but we can still share information and resources.

The workshops are on-line and registration is free and available to OADD members and anyone who had registered to attend the 2020 OADD Conference.

Remember, all staff of OADD Organizational and Patron member agencies are considered members and can register.

**Where:** Virtual – using Bluejeans

**When:** **October 8th, 2020 at 1:30pm until 2:30pm**

**Presenter:** Cheryl Farrugia & Lina Baccarella

**Cost:** Sponsored by CL&F Inspired Leadership

**Who should Attend?** Management, Teams supporting individuals in the community, Supported Independent Living Staff, Adult Protective Services Workers, Case Managers, Home Management

**How to Register:** email [oadd@oadd.org](mailto:oadd@oadd.org) with your name and the organization you work for. You will be sent a confirmation email with information on how to join the event.

**Presentation:**

This first of three presentation by CL & F will help participants to:

- recognize the signs of grief & loss in themselves and others and
- identify the value of self care

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### **Leading in Challenging Times**

**Where:** Virtual – using Bluejeans

**When:** **October 22nd, 2020 at 1:30 pm until 2:30 pm**

**Presenters:** Cheryl Farrugia & Lina Baccarella

Courtesy of CL&F Inspired Leadership

Today's leaders will appreciate this dynamic on-line training to help build resilient teams by:

- Lowering the volume on F.E.A.R.
  - Using a change management model to pivot organizational thinking
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## Health and Wellness

**Where:** Virtual – using Bluejeans

**When:** November 5th, 2020 at 1:30 pm until 2:30 pm

**Presenters:** Cheryl Farrugia & Lina Baccarella

Courtesy of CL&F Inspired Leadership

The focus for this third presentation by CL&F will be Health and Wellness. Topics to be addressed will be Mental Health in the Workplace and Self-Care Planning; two essential tools for a productive and health workplace environment.

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## Navigating the Justice System for Persons with Developmental Disabilities in a COVID-19 Telehealth World

**Where:** Virtual – using Bluejeans

**When:** November 19th, 2020 at 1:00 pm until 2:30 pm

**Presenters:** Vicky Simos, Courtney Hutson, Marnie McDermot

Courtesy of CLH Developmental Support Services & CNSC Central East

The Community Networks of Specialized Care-Central East have Dual Diagnosis Justice Coordinators (DDJC) who provide cross-sector partnerships; assistance in navigating the court system and provide education across all sectors on how to better support individuals with developmental disabilities who have come in contact with the justice system. The role of the DDJC is to assist individuals to prepare for all aspects of their court matters using a bio-psychosocial approach and principles of Applied Behaviour Analysis when needed. The DDJC works with other court support staff, justice professionals and the individual to ensure they receive the supports they require to experience the justice system in a fair and equitable manner. As a result of the State of Emergency in Ontario due to COVID-19, the DDJC's service delivery had to be adapted due to these unprecedented times to a telehealth modality. This telehealth model of delivery will be examined and highlighted in the presentation.

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## Optimizing Individualized Care: Using all the Tools in our Collective Toolkits

**Where:** Virtual – using Bluejeans

**When:** December 3rd, 2020 at 1:30 pm until 2:30 pm

**Presenters:** Alison Cox, Autumn Kozluk

There are three common intervention approaches to treating challenging behaviour in persons with intellectual and developmental disabilities (IDD), including: behavioural, psychopharmacological and combined interventions.

This presentation will discuss the clinical implications of an improved understanding of drug-behaviour mechanisms and describe existing literature on individualized evaluation systems. The focus will be to

consider ways to improve evaluation strategies and better facilitate individualized models of care for individuals with IDD who engage in challenging behaviour and are taking psychotropic medication.

Sincerely,

OADD  
[Website](#)  
416-429-3720

