**IMPLEMENTATION OF A MULTICOMPONENT TREATMENT PACKAGE FOR SEVERE AGGRESSION IN A MAN WITH AUTISM IN A RESIDENTIAL SETTING**

**Kaymark Antazo and Rebecca Domm**

**Community Living Toronto**

**Objective**

We report the effects of a multicomponent treatment package developed during the time spent in a group home setting of a man diagnosed with moderate to severe intellectual disability and Autism Spectrum Disorder. In addition to behavioural interventions, a biological component and contingent physical restraint component were used.

**Method**

The participant is a 24-year-old male diagnosed with moderate to severe intellectual disability and Autism Spectrum Disorder, who had a long-standing history of severe aggression. A Functional Behaviour Assessment (FBA) was conducted to determine the function of his aggressive behaviour.

A specialized resource team was developed to support the needs of this individual. A system was developed to provide ongoing training to staff and to ensure that pertinent information is effectively disseminated across the board.

**Results**

Results indicate a reduction in episodes of aggressive behaviour over the course of this individual’s admittance to the residential program. There was also a reduction in PRN and contingent physical containment usage.

**Discussion**

The data demonstrated that the implementation of a multi-component treatment package can help to reduce severe aggressive behaviour. Barriers to achieving positive behavioural change in the residential setting and limitations are discussed.

**Contact Information**

Kaymark Antazo – kaymark.antazo@cltoronto.ca

Rebecca Domm – rebecca.domm@cltoronto.ca