**A SYSTEMATIC REVIEW AND PROPOSED MODEL OF BURNOUT OF DIRECT CARE STAFF WORKING WITH ADULTS WITH DEVELOPMENTAL DISABILITIES**

**Objectives:** Burnout literature continues to be inconclusive due to variable methods and few study/result replications (Skirrow & Hatton, 2007). The purpose of this literature review was fourfold: 1) to determine the current trend of direct care staff burnout since 2004; 2) to identify and review the correlates of burnout and effective treatment interventions; 3) to identify the current gaps in the literature and; 4) to develop and propose a model of burnout.

**Method:** This systematic review followed the inclusion criteria and graphing procedures by Skirrow and Hatton (2007). The 37 studies included so far in this review included the Maslach Burnout Inventory (MBI; Maslach, Jackson, & Leiter, 1996), mean scores for all the MBI subscales, recruited staff who worked directly with adults with disabilities, and were written in English. Thematic analyses are ongoing.

**Results:** Thus far, this search found that, since 2004, 22 studies meet Skirrow and Hatton’s (2007) inclusion criteria. Results show that mean personal accomplishment (*M* = 32.22; range = 4.88-43.7) subscale scores have increased, mean emotional exhaustion (*M* = 17.19; range = 2.09-28.12) subscale scores have remained stable, and mean depersonalization (*M* = 4.74; range = 0.67-11.1) subscale scores have decreased since 2004 in direct care staff. Results are pending an additional search in the ‘medline’ database.

**Discussion/Conclusion:** These results suggest that burnout amongst direct care workers for adults with disabilities has decreased overtime. Data collection and thematic analyses are still in progress, therefore, correlates, effective treatments, and gaps in the literature will be presented on the poster along with directions for future research and a proposed model of burnout. Understanding correlates of burnout, effective treatment strategies, and the gaps in the literature is important to develop a best practice for preventing and treating burnout in direct care staff.

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