

THE CLINICAL JUSTICE PROGRAM (CJP): AN INTEGRATED APPROACH TO JUSTICE NAVIGATION

VICKY SIMOS, M.ADS, BCBA
COURTNEY HUTSON, B.A., M.A.
SAMANTHA AIRHART, BSC
MARNIE MCDERMOTT, MSW

NOVEMBER 8TH, 2022



Agenda

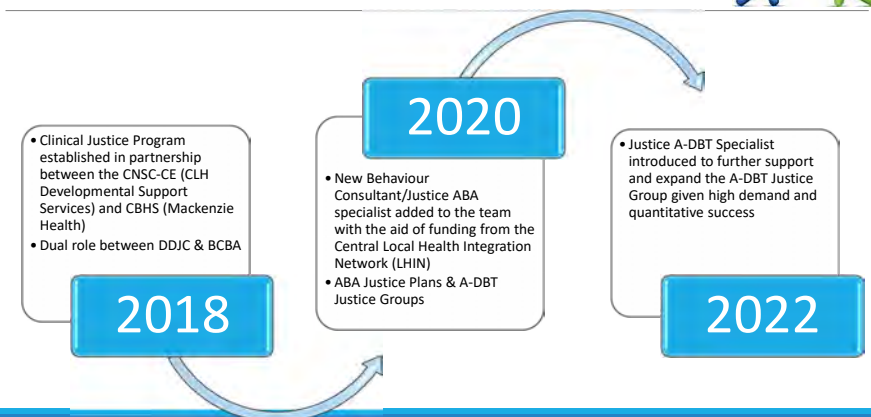
1. Welcome and Introductions
2. Clinical Justice Program Timeline/Background
3. CNSC-CE Clinical Justice Program
 - Pillar I: Justice Clinic
 - Pillar II: Adapted-Dialectical Behaviour Therapy (A-DBT) Justice Group
 - Pillar III: Justice App (Live Demonstration)
 - Pillar IV: Justice ABI Clinic
4. Future Directions
5. Questions

Feel free to download the CSNC Justice App which will be demonstrated later in the presentation: <https://justiceapp.community-networks.ca>

Land Acknowledgement

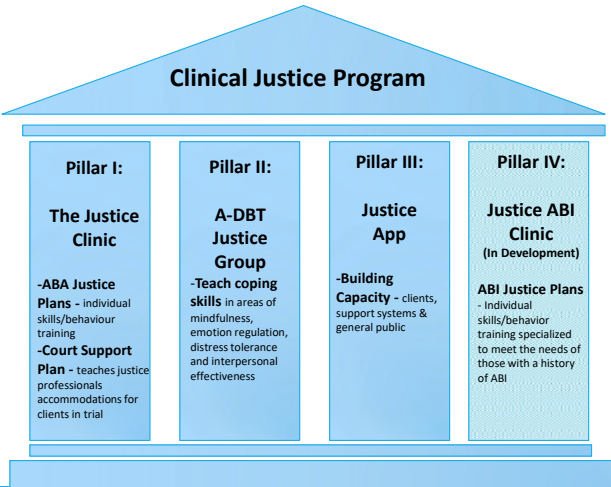
CLH Developmental Support Services would like to acknowledge that our offices and supported living homes are located on land which is the traditional and Treaty territory of the Anishinaabek people, now known as the Chippewa Tri-Council - comprised of Beausoleil First Nation, Rama First Nation, and the Georgina Island First Nation peoples. We are grateful for the opportunity to continue to use the land toward working for the benefit of all people.

Clinical Justice Program - Timeline



Dual Diagnosis Justice Coordination & BCBA Partnership

- **Mission:** support individuals with a developmental disability and/or dual diagnosis who are involved in the criminal justice system as a victim, witness or accused to ensure they **experience the justice system in an equitable manner**
- Support a client with any disability across the province of Ontario through the use of telehealth
 - BlueJeans videoconference software allows for Applied Behaviour Analysis (ABA) assessment and intervention as well as Adapted-Dialectical Behaviour Therapy (A-DBT) programming to be delivered remotely
- To date, qualitative and quantitative data supports the success of this program



XXXX's support has been essential for the client and for me as I navigate new waters with dual diagnosed individuals. I am grateful to be able to work with **the Justice Clinic!** Thank you!

VWAP- Victim Services Worker

I like this group.

XXXX helped me learn a lot of things about feelings and how I can help me to have a better time with people and court. I can use my tools. I don't have to worry so much.

A-DBT Group Participant

The Justice App is a valued and utilized tool that provides a clear and concise overview on what to expect when coming into contact with the Criminal Justice System.

Correctional Centre Social Worker

His ongoing compliance with conditions of his community supervision order is a clear indication that he is effectively using the skills learned from his involvement in the **ABA justice program**. Thank you for your support!

Probation and Parole

Having a program that supports individuals by providing concrete court preparation, education and behavioural supports increases positive outcomes for those individuals and allows them more **equitable access to justice**.

Brain Injury Society of Toronto (BIST)

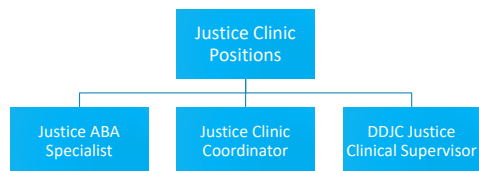
I'm writing to share my experience collaborating and working alongside the **Dual Diagnosis Justice Coordination team**. I cannot speak highly enough of the services they offer but also the gap they have filled within the justice system.

CMHA- Mental Health and Justice Program Case Manager

The client was able to more fully understand and participate in the court process with their support, and I anticipate that this program will be conducive to improved **access to justice for those with developmental disabilities** in the years to come.

Defence Counsel

Pillar I: The Justice Clinic



- Our programming utilizes an evidence-based, **Applied Behaviour Analysis (ABA)** approach to create and implement ABA Justice Plans and Court Support Plans
- **Goal:** the individual can meaningfully participate in the justice system, no matter what stage
- **ABA Justice Plans** teach individualized skills
- **Court Support Plans** are a report that is provided to all parties involved in a trial and includes recommendations/accommodations to ensure the individual can participate in the trial and be able to provide their evidence

Clinical Justice Program Spotlights

Feature in Lawyer's Daily:

<https://www.thelawyersdaily.ca/articles/25374/justice-clinic-improves-outcomes-for-persons-with-developmental-disabilities-?spotlight=1>

Feature in Connected, CLH DSS Foundation Magazine:

<https://www.clhmidland.on.ca/docs/2021-winter-connected/>

Justice App:

<https://justiceapp.community-networks.ca>

Justice App featured in OASIS July 2022 newsletter



ABA Justice Plan Examples

- Rules and expectations of both in-person and virtual court
- Decreasing behaviours in the court house
- Rights and responsibilities for a victim/witness
- Adapting/individualizing mental health diversion curriculum
 - (e.g., Anti-Theft, Anger Management, Boundaries, Partner Assault Response)
- Peace Bond conditions
- Probation order conditions to follow and self management schedule

Approaches/Steps to Advocating for Services

- Ask daily guards and/or nurse for service that you require
- Ask daily guards who you can speak to about what you need
- Ask daily guards to speak with a social worker





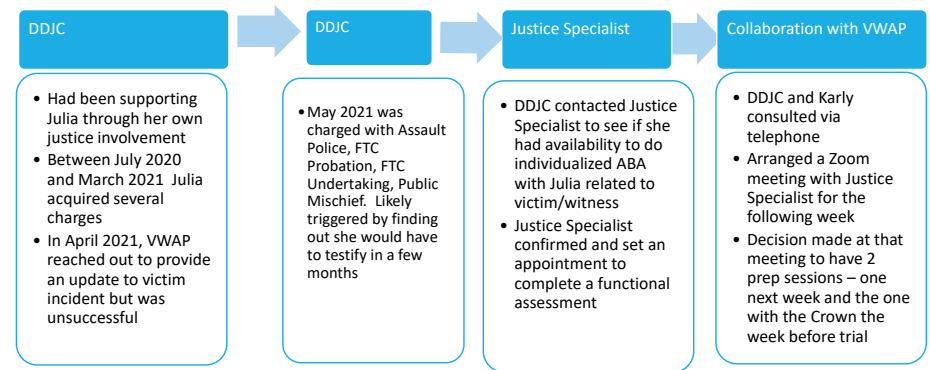
Case Study

- Julia is a 22 year-old woman
- Lives at home with her mom and brother
- Diagnosed with Separation Anxiety, Antisocial Personality Disorder, Depression, Attachment Disorder, Borderline Personality Disorder and Developmental Disability
 - Cloak of competence, exhibits anxiety in new situations, can escalate quickly
- Involved with the criminal justice system as an accused since a youth
- Had several adult charges before the court as an accused
- Was involved in an incident as a victim and was going to have to testify at an upcoming trial

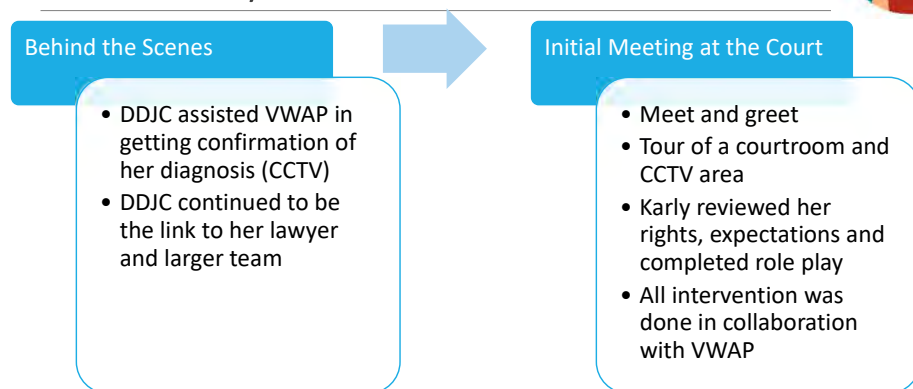
Disclaimer: All names and identifying information have been changed to protect confidentiality



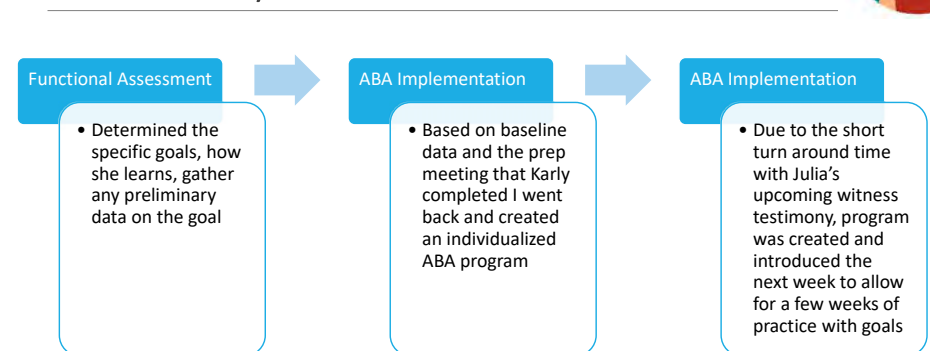
Case Study



Case Study



Case Study



Goals for Julia's Justice Programming

Learn rules and expectations of being a witness in a trial

Role play how to answer questions from justice professionals without agreeing to inaccurate statements



What will happen when it's time to testify...

You will enter the courtroom

The clerk will ask you to swear an Oath or Affirmation (promise)

The clerk will then ask you to state and spell your name for the record

- Give your first and last name, and spell



What will happen when it's time to testify...

The crown (Mr. XXX) will start first, asking you questions

Once the Crown has finished it will be the defence lawyer's turn to ask questions

You may be asked to leave the courtroom or turn off the video, please wait until they tell you to come back in by video or into the courtroom

Once you are finished you can leave the courthouse or stay its your decision

****Note: If you have to go into the courtroom, just remember that you will be safe the entire time*



Expectations when Testifying in Court

1. Speak when spoken to
2. Answer the questions that are asked and be honest
3. It is okay to say you don't remember or don't know an answer.
4. If you don't understand a question you can ask for more information
5. If you don't agree with something someone says, you can say you don't agree
6. If you need a break, it is ok to ask for one at any time



Role Playing and Expectations for Trial



- During Prep meeting Karly noticed that Julia was struggling with the role play portion so we all discussed practicing more role playing
- Role playing included practicing with DDJC and Justice Specialist on how to answer questions based on expectations outlined by Karly (VWAP worker)

*Note all conversations during role play were unrelated to charges or events related to charges as our programming does not coach any evidence

Appropriately answering questions

Sam: Hi Courtney, what did you have for breakfast today?
 Courtney: Hey Sam, I had a yogurt and some fruit
 Sam: Ok- but I would suggest to you that you didn't really have the fruit you just had the yogurt would that be correct?
 Courtney: No that's not correct. I had both yogurt and fruit.
 Sam: Ok. So what did you do after you had breakfast?
 Courtney: Well, I took my dog for a walk and then I came home and read a book.
 Sam: How long did you walk your dog? What time do you go to walk your dog and why?
 Courtney: Sorry, that is too many questions at once could you please slow down and ask me them one at a time.
 Sam: Sure, no problem. Sorry about that. Going back to walking your dog- how long did you walk your dog for?
 Courtney: Let me think for a minute. *Pause* I don't remember.
 Sam: Ok, if I were to suggest it was 10-15mins at the most would that be correct?
 Courtney: It might have been but I don't remember the exact time.

Answering questions with additional information that was not requested

Hi Courtney, what did you have for breakfast today?
 Courtney: Hey Sam, I had a yogurt and some fruit
 Sam: Ok- but I would suggest to you that you didn't really have the fruit you just had the yogurt would that be correct?
 Courtney: Yes you are right.
 Sam: Ok. So you did have just yogurt is that right?
 Courtney: No, I had yogurt and fruit.
 Sam: But I just asked you if you only had yogurt and you agreed.
 Courtney: I am confused.
 Sam: Ok, let's move on. What did you do after you had breakfast?
 Courtney: Well, I took my dog for a walk and then I came home and read a book.
 Sam: How long did you walk your dog? What time do you go to walk your dog and why?
 Courtney: Umm....maybe 30mins and maybe because he was barking at the door to go out.
 Sam: So you are saying it was exactly 30mins that you walked your dog?
 Courtney: Sure. That sounds right.

Outcome of Trial



Input gathered from Julia about a potential plea



Accused plead guilty



No trial conducted so Julia did not testify

Court Support Plan

- Another potential support for Julia could have included a Court Support Plan
- One page document given to all parties (e.g., Crown, Defense, Judge) to help support the individual
- Can be used with accused or with witnesses and can be adapted to include more or less information if required

Court Support Plan

Basic Client Information & History

Name:

Date of Birth:

Diagnosis:

Behavioural Supports:

Consent & Assessments:

Communication Assessment

Identification of Behaviours & Triggers

Understanding Court Process

Court Process Recommendations & Modifications

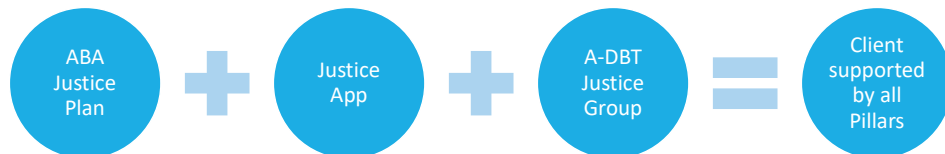
Case Study Continued...

DDJC

- DDJC continued to support Julia with her criminal matters after victim matters resolved

A-DBT Justice Group & Justice App

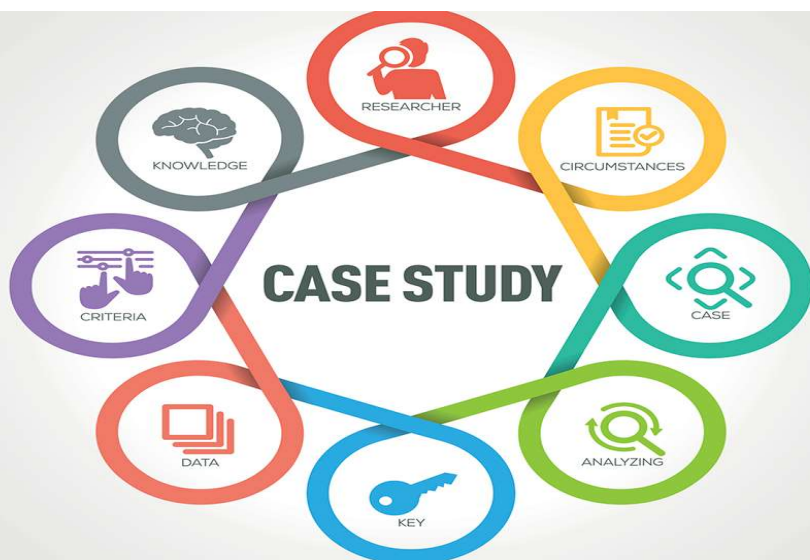
- DDJC recommended Julia join A-DBT justice group to help with her criminal matters.
- Julia joined A-DBT justice group in October 2021
- DDJC also provided her with access to the justice app for any other information or inquiries that she had about her current criminal court process



Where is Julia now?

- Julia continues to have criminal matters before the court
- Currently residing in a 24/7 supported living home and actively participates in her treatment plan
- Has aspirations to finish her schooling and obtain employment





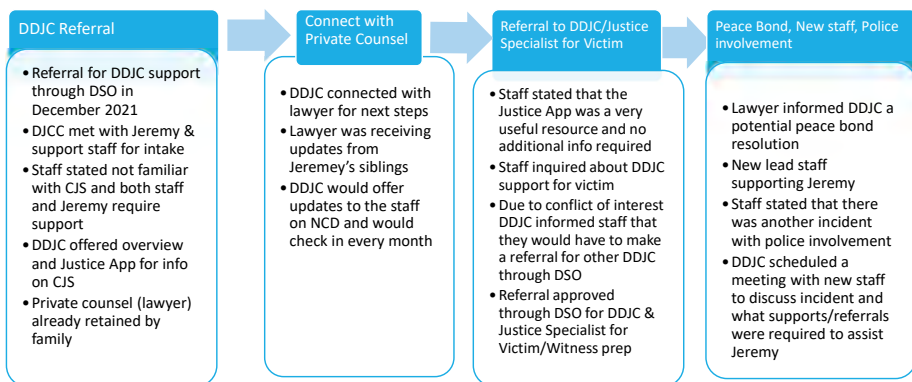
Case Study



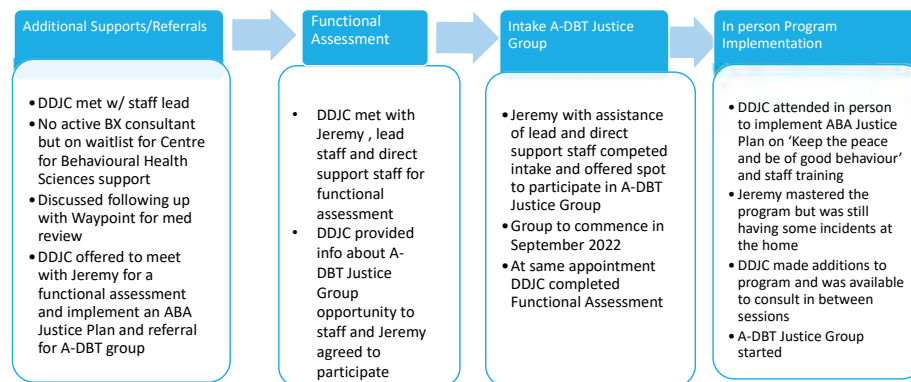
- Jeremy is a 63 year-old male
- Living at a supported living home
- Diagnosed with Autism, Developmental Disability and Diabetes
- No prior legal charges prior to index offence of Assault
- Alleged victim was another person living in a basement apartment attached to Jeremy's home that was also requiring DDJC support

Disclaimer: All names and identifying information have been changed to protect confidentiality

Case Study



Case Study





Case Study

ABA Justice Plan Continued

- Added skills learned in A-DBT Justice group to ABA Justice Plan
- Updated lawyer on progress with ABA Justice Plan and A-DBT Justice Group
- Lawyer asked for an update and any documentation once programming and group completed to update court



A-DBT Justice Group & ABA Justice Plan Completed

- Jeremy completed his 12 weeks of his A-DBT Justice Group
- Jeremy mastered his program and staff reported that he is following the rules of the home
- No further police involvement
- Requested a letter from the home outlining what staff had reported

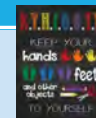


Last court appearance- charges withdrawn

- DDJC updated lawyer on completion of A-DBT Justice Group and ABA Justice Plan
- Letter forwarded to lawyer from ED of home
- Charges withdrawn on October 2022

Keep the Peace and Be of Good Behaviour

1) Keep my hands, feet and objects to myself
(example: only touch my own watches and rings)



2) No other charges with the police



3) Follow the rules at XXXXXX

4) Deep breathe before I get upset



Daily Checklist

My Goals for the day	Date: Mon	Date: Tues	Date: Wed	Date: Thurs	Date: Fri	Date: Sat	Date: Sun
Did I review my power point or talk about "Keeping the Peace and Be of Good Behaviour" today with my staff?							
Did I use/practice using my toolbox today?	Use <input type="checkbox"/>	Use <input type="checkbox"/>	Use <input type="checkbox"/>	Use <input type="checkbox"/>	Use <input type="checkbox"/>	Use <input type="checkbox"/>	Use <input type="checkbox"/>
	Practice <input type="checkbox"/>	Practice <input type="checkbox"/>	Practice <input type="checkbox"/>	Practice <input type="checkbox"/>	Practice <input type="checkbox"/>	Practice <input type="checkbox"/>	Practice <input type="checkbox"/>

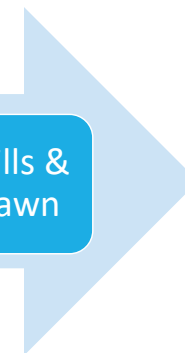


Outcome for Jeremy



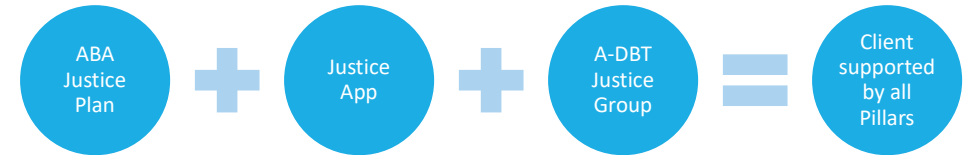
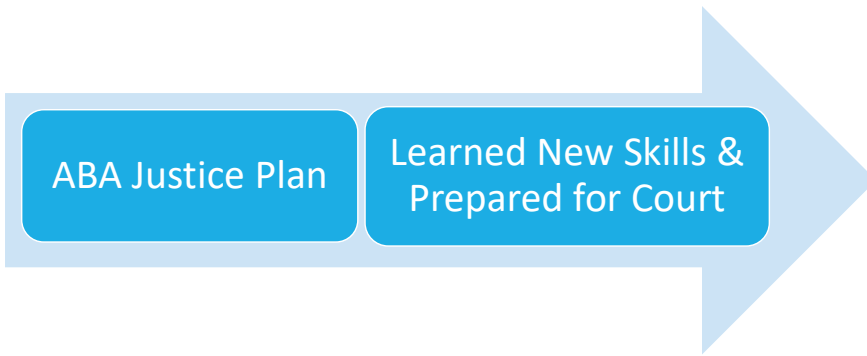
ABA Justice Plan &
A-DBT Justice Group

Learned New Skills &
Charges Withdrawn



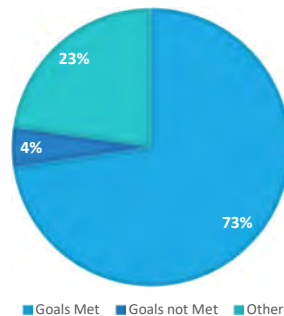


Outcome for Victim



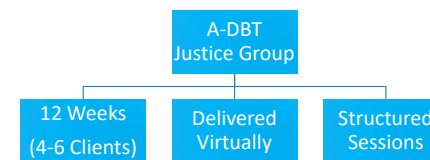
Client Goal Outcome: Justice Clinic (ABA)

ABA JUSTICE PLAN- GOAL OUTCOMES



94 % goals met

Pillar II: Adapted Dialectical Behaviour Therapy (A-DBT) Justice Group



- Goal is to enhance coping skills in the areas of mindfulness, emotion regulation, distress tolerance and interpersonal effectiveness
- Virtual groups run weekly for 12 weeks in one hour sessions with two facilitators and one participant observer
- Co-facilitation team is comprised of rotational multidisciplinary professionals with a Justice A-DBT Specialist dedicated to every session
- Individual review and 1:1 A-DBT justice sessions provided when clinically necessary
- Structured sessions: Starting with Mindfulness, Check-in, Skills Teaching, Ending with Mindfulness
- Support staff present in group and assists client with homework and skills practice between sessions
- Can be used simultaneously with other pillars

The “What Skills”

These are the skills we use when we practice mindfulness

They teach us what to do!



The First Skill is Observe



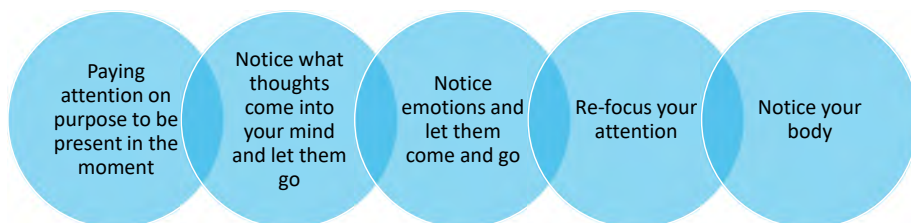
Observe what’s happening inside ourselves

Observe what’s happening around us

Do this by only using our senses and without words



How to Practice the Observe Skill



Observe using the Five Senses



1. Notice your body sensations (5 senses)
2. Pay attention on purpose to the present moment
3. Control your attention – just observe
4. Practice wordless watching
 - Just look at it, don’t put any words to it
5. Observe inside and outside of yourselves

Let's Practice: **Observe** the picture without words using only our sense of sight 👁️



The Second Skill is Describe

Observe

Describe

Participate

Observing is using our senses *without words*

The second skill, DESCRIBING, is using words or thoughts to label what you have observed

- Putting words to your experiences and observations
- Describe only using the facts

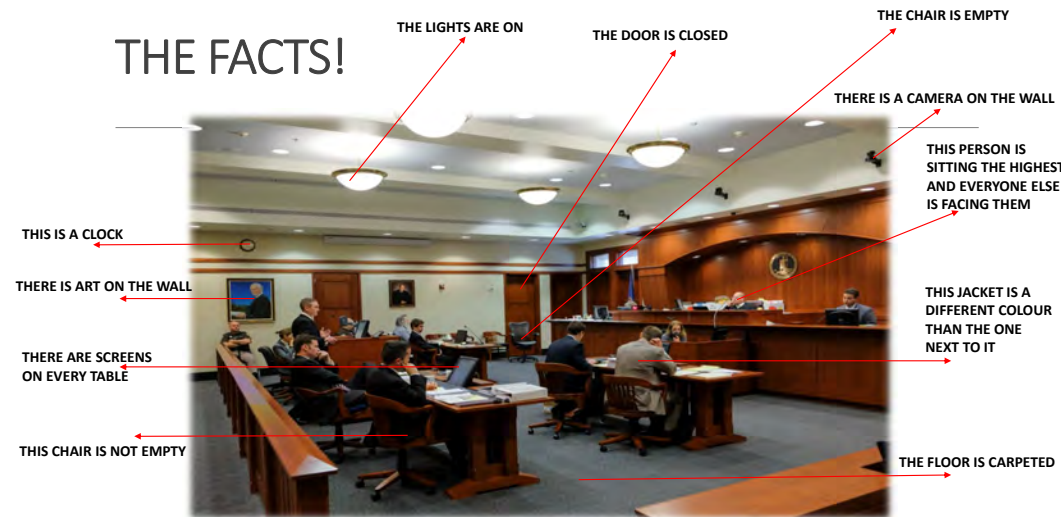


Let's Practice: **Describe** what you observed



Think about colour, shape, size, sound, texture, taste, hearing **BUT stick to only the facts**

THE FACTS!



The Last Skill is Participate

Observe



Describe



Participate

Using all of our awareness

Throw our whole self into an activity

Being WILLING



Let's Practice

Take 2 minutes to **observe the photo**

Then **describe** only **using the facts** – what we know for certain



Let's Recap!



The “*WHAT*” Skills

These are the skills we use when we practice mindfulness

Observe

(skill of noticing)



Describe

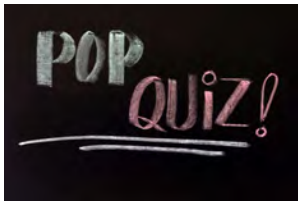
(what you observe)



Participate

(becoming one with)





Which "WHAT" skill is described by each image?
Click on the image to reveal the answer



Observe
(skill of noticing)



Describe
(what you observe)



Participate
(becoming one with)



Look at the picture below and tell us which of these statements are FACTS? [Click here for answer reveal](#)



1. This person is being fingerprinted
2. They did not have lunch today
3. The light on the machine is green
4. One person is wearing jeans
5. They are angry



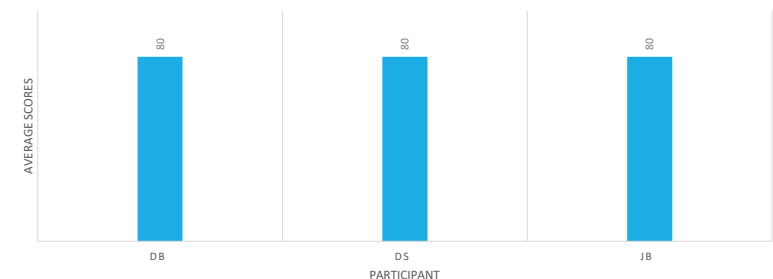
A-DBT Justice Group Observations

- ✓ A-DBT skill-based teaching proves beneficial for both participants and support person
- ✓ A-DBT programming with a justice informed lens helps increase usability and transferability of skills
- ✓ A-DBT group format and 1:1 review sessions further reinforce learning and skill acquisition
- ✓ A-DBT Justice Group proves effective as an independent model of service provision and in collaboration with every pillar of the Clinical Justice Program



Post Goal Scale: Skills Learned in A-DBT Justice Group

A-DBT POST GOAL SCALE_SKILLS LEARNED





Pillar III: Justice App

- The goal of the Justice App is to build capacity and this will be accomplished by outlining information from first contact with police all the way through the criminal justice system
- As of September 2022 the Justice App was expanded to include a section for CNSC-Central West



Justice App 2.0

Pillar III: Justice App

Justice App: Community Networks of Specialized Care-Central East & Centre for Behaviour Health Sciences

<https://justiceapp.community-networks.ca>



Pillar IV: The Justice ABI Clinic



Part of CNSC-CE's Strategic Plan for 2022/2023:

- Development of CNSC-CE's Justice ABI Clinic – need identified

STAT: Approx **80%** of adults in the criminal justice system have a history of a TBI (Shiroma et al., 2010; Allely, 2016)

STAT: Men and women who sustained a TBI were about **2.5X** more likely to be incarcerated compared to those without a TBI (Matheson et al., 2016)

- Provide justice focused skills & behavioural training adapted to support the neurodiverse needs of the many populations we serve
- Build capacity amongst community partners and service providers
- Secure funding for the continuation of the Clinical Justice Program so ongoing, tailored support can be provided for individuals with a developmental disability and/or ABI involved with the justice system

Referral to Clinical Justice Program – CNSC-CE

DDJC Referral Process:

Referral is made to the Developmental Services Ontario East Region (DSO CER) by an agency, family, person by calling:

1-855-277-2121



Access point for all developmental services funded by the Ministry of Children, Community and Social Services (MCCSS) in Ontario

Must have a developmental disability, live in Ontario and be 18 years old

If you suspect a person has a disability and would benefit from supports, call DSO

- Referral to the Dual Diagnosis Justice Coordinator can be made while pending eligibility

Referral for Justice Specialist Behaviour Consultant

Email Vicky Simos (DDJC) to inquire about a potential referral

vicky.simos@clhmidland.on.ca

Complete form and send to Vicky Simos for approval at: vicky.simos@clhmidland.on.ca

Future Directions & Plans



- ✓ Secure funding for the continuation of the Clinical Justice Program
- ✓ Launch Justice App 2.0
- ✓ Launch Pillar IV; Justice ABI Clinic

THANK YOU
Any questions?

Contact Information

Vicky Simos – vicky.simos@clhmidland.on.ca

Courtney Hutson – courtney.hutson@clhmidland.on.ca

Samantha Airhart - samantha.airhart@mackenziehealth.ca

Marnie Lye – marnie.lye@clhmidland.on.ca

Marnie McDermott – marnie.mcdermott@clhmidland.on.ca

