

# Creating Summer Camp

Re-imagining inclusive summer camp after the isolation of the COVID-19 pandemic.



OADD

April 20, 2023

9:00am - 10:15am

London, Ontario

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# The Summer Camp Team



**Mel Quevillon**

Program Coordinator



**Laura**

Camp Counsellor



**Liza McClelland**

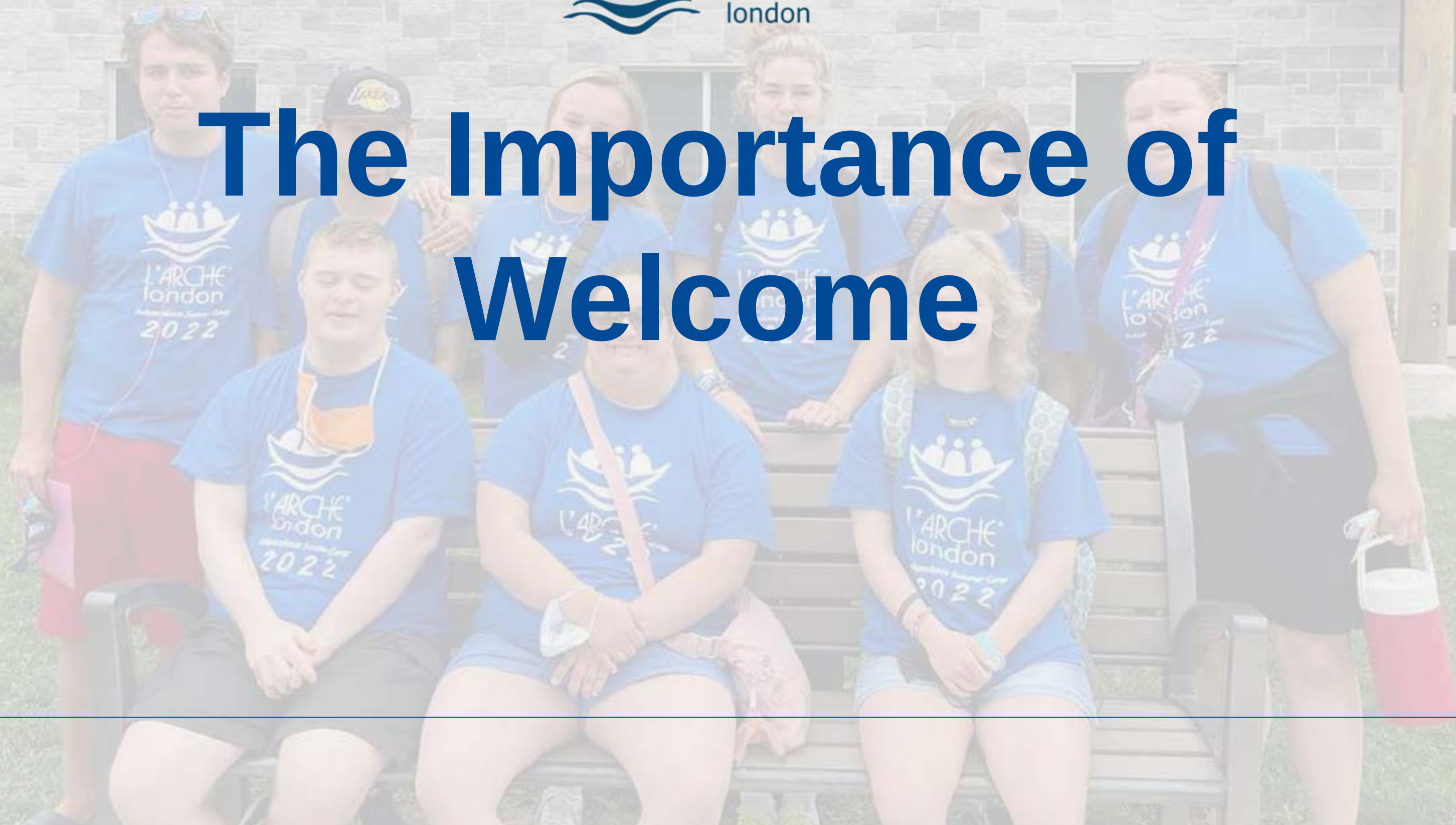
Camp Director





L'ARCHE  
london

# The Importance of Welcome



# Learning Goals

01

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**The Benefits & Challenges of Learning in an Informal Environment for disabled transitional aged youth.**

02

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**The Power of developing independence through a strong foundation of interdependence.**

03

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**Our strategies for success in creating and facilitating a new inclusive, educational, and recreational curriculum during a pandemic.**

# Getting Acquainted

Elbow partner activities!

**Name**

**What kind of fast food do you like?**

**What kind of laundry detergent do you use?**

**Do you know any jokes?**

**What kind of car do you  
drive?**

# Getting on the Same Page

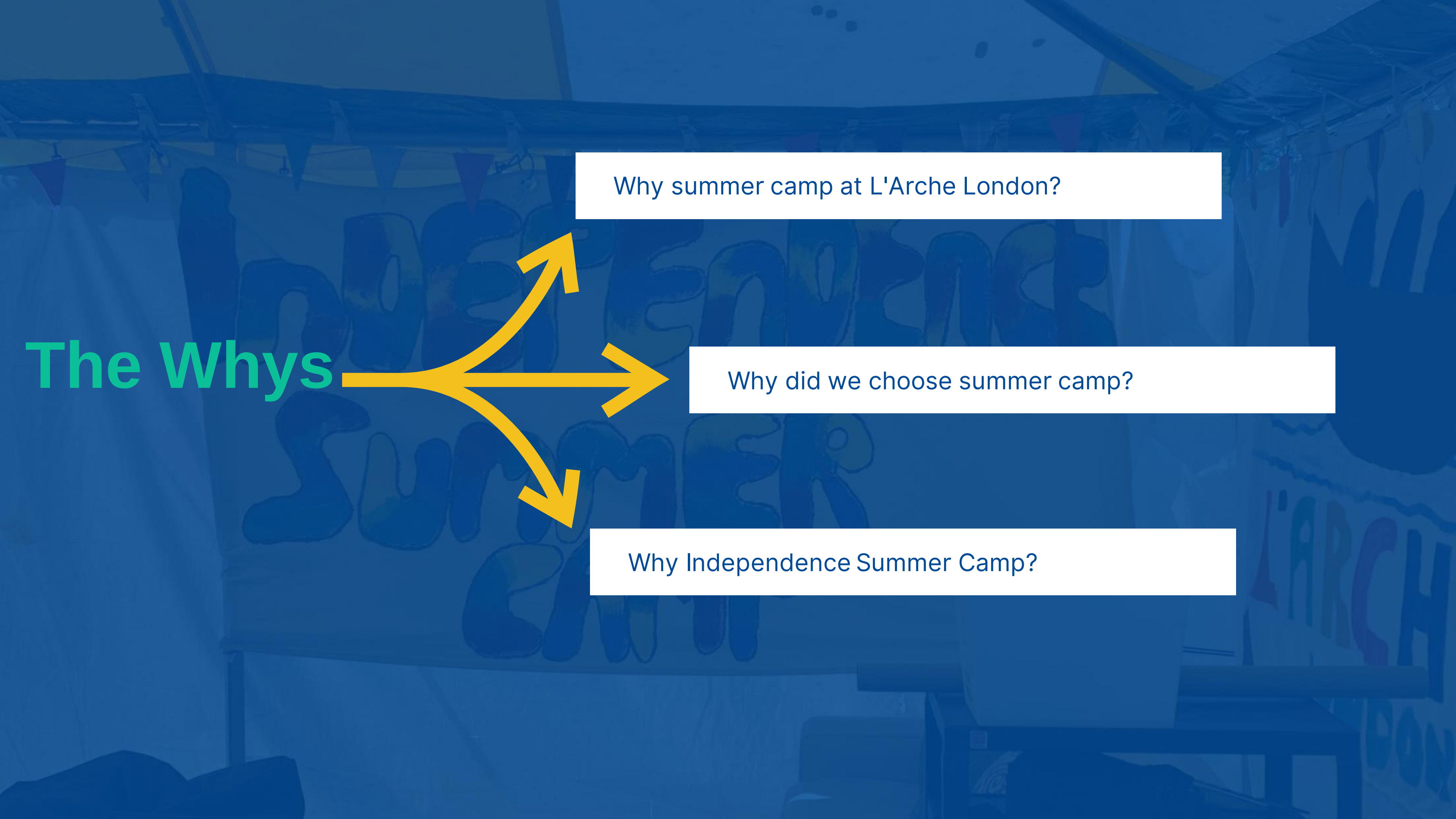




# What is L'Arche?

## Who is L'Arche London?





# The Whys



Why summer camp at L'Arche London?

Why did we choose summer camp?

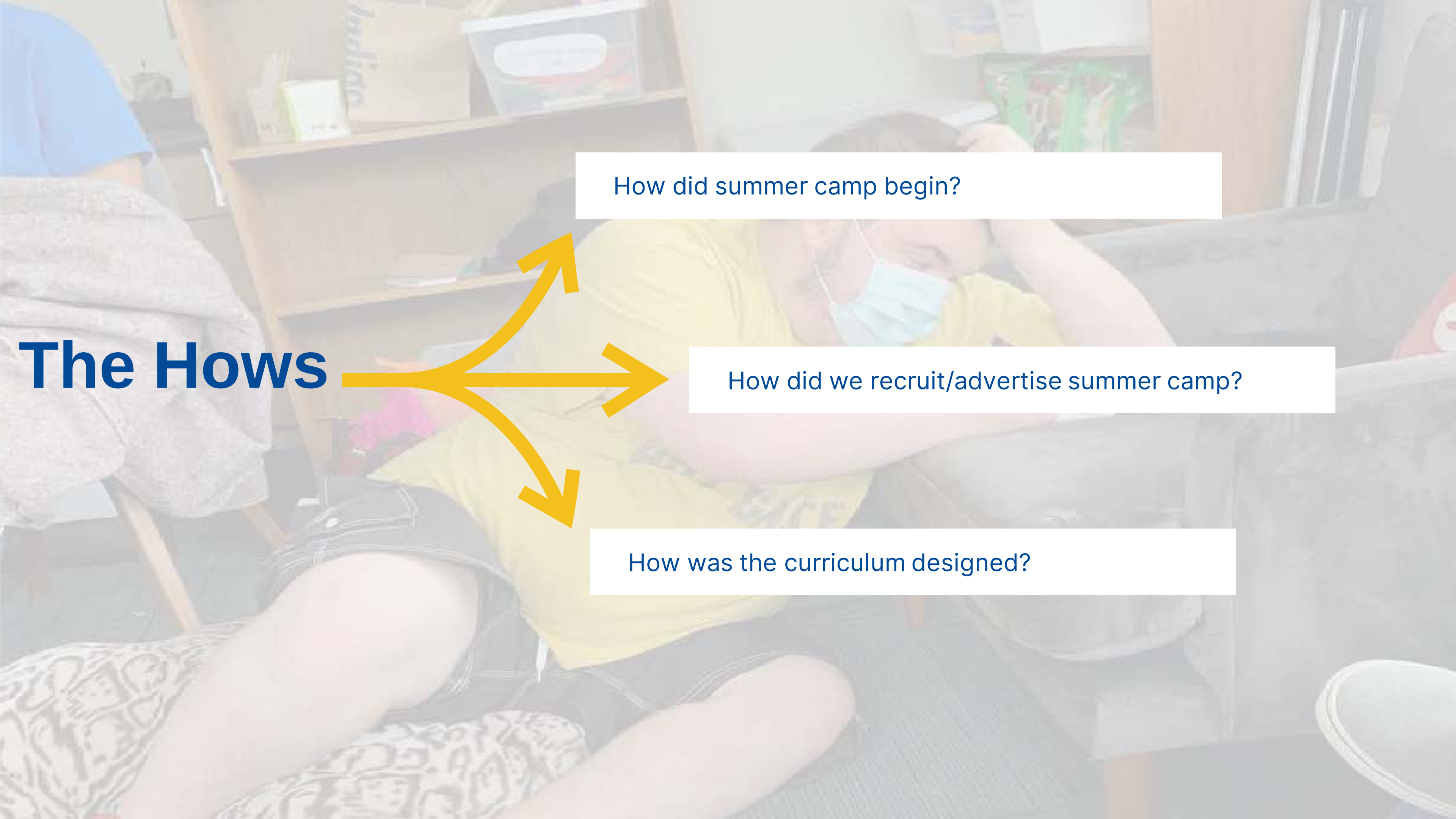
Why Independence Summer Camp?



In 2006, Mercer Delta Consulting, identified that after young people reached age 21 their families often referred to encountering “the cliff”, a term coined to describe the dramatic decrease in the level of services available despite the ongoing support needs that an individual with DD required. Mercer Delta reported that this decrease in supports often produced a rapid decrease in much of the progress made toward developing the individual’s independence and quality of life as many youths were left at home with “nothing to do” (McKay 2019).



**Why do we call it  
“Independence  
Summer Camp?”**



How did summer camp begin?

How did we recruit/advertise summer camp?

How was the curriculum designed?

**The Hows**



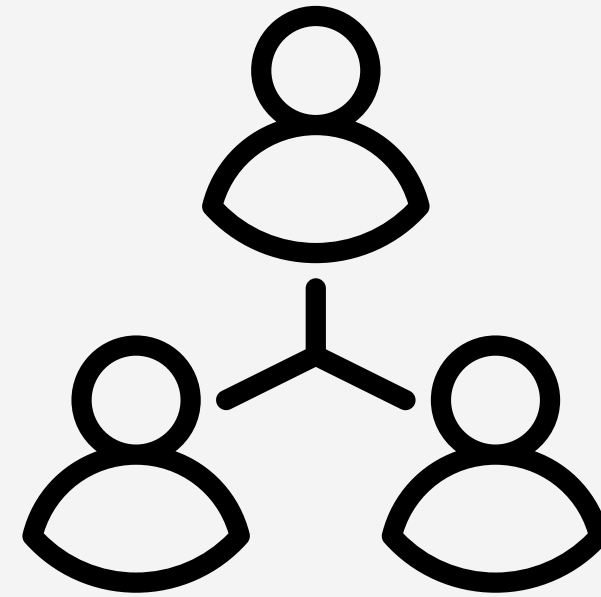
# How did Summer Camp begin?



**Research**



**Fund-a-need**



**Staff**



**Grants**

Welcome to Camp!

9-11am: Introductions

How was summer camp designed?

Ice Breakers

11-12pm: Scavenger Hunt  
Community Tour



**The Basics**

July - August

9:00 - 3:30

10 days

5 campers





A background image showing a group of people in a workshop setting. In the foreground, a woman with blonde hair is wearing a white face mask. Behind her, a man with dark hair is also wearing a white face mask. To the right, another person is partially visible. The background includes a bookshelf filled with books and a wall with a small framed picture.

# Types of Workshops

External Individuals & Organizations

Internal at L'Arche London

Internal to Summer Camp

# External Workshops

- Joe and Mitchell; Hutton House; Employment
- Sara; Living Independently
- Heather; Hutton House; Financial Literacy
- Taylor; Transit Training
- Nicole; Baking
- Ben; Mindfulness
- LEADS; Employment and Advocacy
- MOVE; Goodlife; Fitness Class
- Recreational Respite; Communication & Identity



# L'Arche Internal Workshops

- Marietta; Community Leader; Welcome to L'Arche
- Dominique; Health Care Coordinator; Cooking
- Brennen; Community Garden Leader; Gardening
- Laurel & Jim; Musical Mentors



# Summer Camp Internal Workshops

- Financial Literacy Review
- Internet Safety
- Starting your Own Business
- Laundry Skills
- Grocery Shopping
- Transit Training & Budgeting at White Oaks Mall



**Just  
Dance**

**Life Skills  
Jeopardy**

**Kitchen  
Skills**

**Internet  
Safety**

**Laundry**

**Crafts**

**Iron Chef**

**Karaoke**

**Money**

**Gardening**

**Port  
Stanley**

**Capture the  
flag**

**Drum Fit**

**Communication**

**Employment**

**Graduation**

**Scavenger  
Hunt**

**Car Wash**

**Independence  
Olympics**

**Water Games**



	Monday August 15 <sup>th</sup>	Tuesday August 16 <sup>th</sup>	Wednesday August 17 <sup>th</sup>	Thursday August 18 <sup>th</sup>	Friday August 19 <sup>th</sup>
9:00	Campers Arrive	Campers Arrive  Rec Respite  9:00am – 12 :00pm  Exploring Identity	Campers Arrive	Campers Arrive Living Independently in London with Sara 9:00am-10:00am	Campers Arrive Drama 9:00am-10:00am
9:30	WELCOME TO CAMP! Icebreakers Art Project Camper Agreement 9:00am – 10:30am		9:15am – 10:45am  Financial Literacy	Laundry Practice  10:00am – 11:00 am	Move Fitness Class  10:00am-11:00am
10:00					
10:30					
11:00	Scavenger Hunt and Community Tour 10:30am– 11:30am		Craft 11:00am – 11:30am	Iron Chef L’Arche 11:00am -11:30am	Field Trip  11:00am– 3:30pm  Beach Day  Port Stanley!
11:30	L’Arche Introduction 11:30am -12:00pm		Picnic and Backyard Games 11:30am – 1:00pm	Soccer 11:30am – 12:00pm	
12:00	-----Lunch Time-----				
12:30					
1:00	Craft 1:00pm – 1:30pm	Card Making 1:00pm – 1:30pm	Baking with Nicole  1:00pm – 2:30pm	Gardening with Brennan 1:00pm-2:00pm	
1:30	Mindfulness with Ben	Memory Games 1:30pm – 2:00pm		Musical Mentors 2:00pm – 3:00pm	
2:00	1:30pm –2:30pm	Capture the Flag 2:00pm – 2:30pm			
2:30	Drum Fit	Internet Safety Workshop	Trivia and Board Games  2:30pm - 3:30pm		Just Dance 3:00pm – 3:30pm
3:00	2:30pm – 3:30pm	2:30pm-3:30pm			
3:30	Camper Pickup 3:30	Camper Pickup 3:30	Camper Pickup 3:30	Camper Pickup 3:30	Camper Pickup 3:30

	Monday August 22 <sup>nd</sup>	Tuesday August 23 <sup>rd</sup>	Wednesday August 24 <sup>th</sup>	Thursday August 25 <sup>th</sup>	Friday August 26 <sup>th</sup>	
9:00	Campers Arrive	Campers Arrive  Rec Respite 9:00am – 12:00pm  Active Listening and Communication	Campers Arrive	Campers Arrive  Hutton House Employment Workshop 9:00am- 11:30am	Campers Arrive	
9:30	LEADS Employment Workshop 9:30 am- 10:00am		Bingo 9:00am – 10:00am		Bus Trip to the Mall  9:30am -12:00pm  Scavenger Hunt Activity	
10:00	Obstacle Course and Outdoor Games 10:00am – 11:00am		Transit Training with Taylor 10:00am – 11:00am			
10:30						
11:00	Growing Together Craft 11:00am-12:00pm		Transit Problem Solving 11:00am- 12:00pm	Sewing with Laura 11:30am -12:00pm		
11:30						
12:00	-----Lunch Time-----					
12:30						
1:00	Starting your Own Business with Laura 1:00pm – 2:00pm	Meal Planning, Making a List Walk to Grocery Store  1:00pm – 2:30pm	Chair Yoga 1:00pm – 1:30pm	Car Wash Prep 1:00pm-1:30pm	Set up Carwash 1:00pm – 1:30pm	
1:30			Kitchen Skills with Dom  1:30pm – 3:00pm	Minute to Win It 1:30pm – 2:00pm	Car Wash!  1:30pm – 3:00pm	
2:00	Laundry Practice 2:00pm – 2:30pm			Independence Olympics 2:00pm – 3:00pm		
2:30	Drum Fit 2:30pm – 3:30pm	Money Practice 2:30pm – 3:00pm				
3:00		Water Games 3:00pm – 3:30pm	Jeopardy 3:00pm - 3:30pm	Graduation Ceremony 3:00pm – 3:30pm	Saying Goodbye ☹️ WE DID IT!	
3:30	Camper Pickup 3:30	Camper Pickup 3:30	Camper Pickup 3:30	Camper Pickup 3:30	Camper Pickup 3:30	

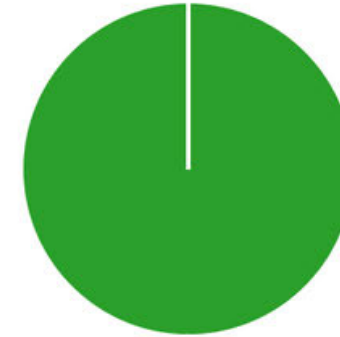
# What worked?

19. The camp day (9:00am - 3:30pm) was...

[More Details](#)

[Insights](#)

● Too Long	0
● Too Short	0
● Just Right	13

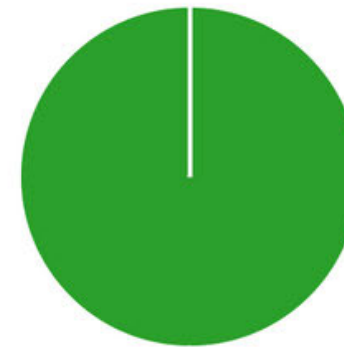


20. A 10-day camp program was ...

[More Details](#)

[Insights](#)

● Too Long	0
● Too Short	0
● Just Right	13

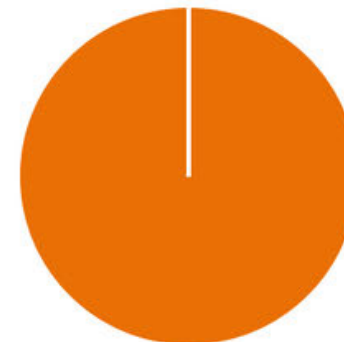


21. Camp Pricing was...

[More Details](#)

[Insights](#)

● Too expensive	0
● Fair	13

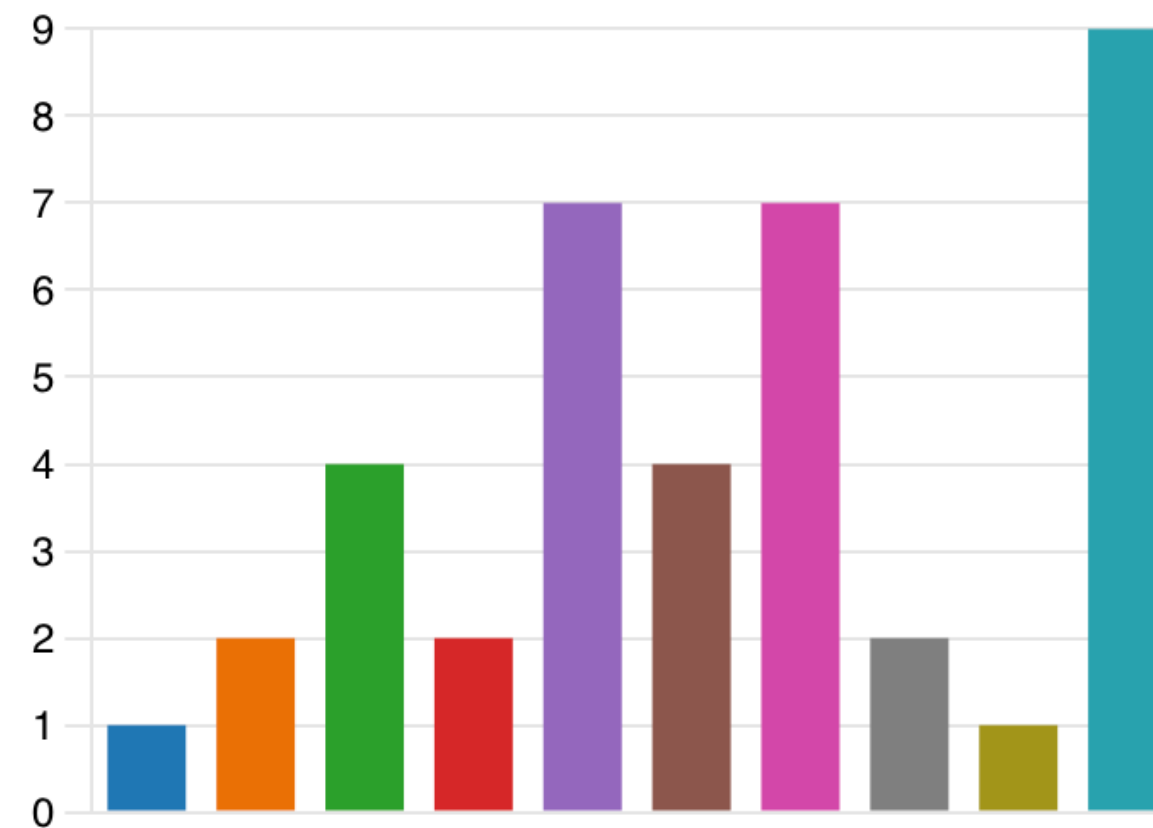




## 5. What were your (3) favourite external workshops?

[More Details](#)

● LEADS Employment	1
★ Employment & Resumes with Joe	2
● Mindfulness with Ben	4
● Financial Literacy with Heather	2
★ Transit Training with Taylor	7
★ Living Independently with Sara	4
● Baking with Nicole	7
● Active Listening and Communic...	2
● Exploring Identity with Chin	1
★ MOVE fitness class	9



# What worked?

1 hour workshops

Car Wash

Independence Olympics

Graduation

# Advice we received

Create talking points for parents

One long form is better

More cooking & fieldtrips

Send the survey sooner

# **Recruitment & Interviews**

**"Information form  
was adequate,  
[my son]  
liked being included  
in the interview process"**

**"Meeting with the  
camp facilitators  
beforehand was a  
good idea,  
giving my son an  
idea of the fun to expect."**

**"Great to have met  
and toured pre-camp ..  
appreciated that  
opportunity"**



**Time to get a taste of summer camp!**

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# Online Group Activities

## #1



1. What is your Rutabaga's Name?
2. What are your Rutabaga's pronouns?
3. Is your Rutabaga in love? If so, with whom?
4. How old is your Rutabaga?
5. What is your Rutabaga's job?
6. What is your Rutabaga good at?
7. Does your Rutabaga have any goals?
8. Does your Rutabaga have any siblings?
9. What language does your Rutabaga speak?
10. Does your Rutabaga have any bumps or bruises? How did this happen?
11. What is your Rutabaga afraid of?
12. Where does your Rutabaga live?
13. A fun fact about our Rutabaga is:

## #2

Show and tell! Find your favourite tool to use in the kitchen and show the group. Or tell the group about your favourite thing to cook in the kitchen.

# Reimagining Summer Camp



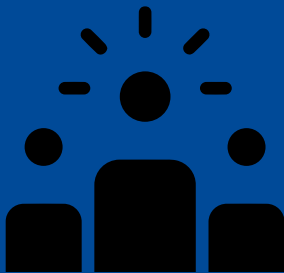
**Working Together**

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**Hiring Practices**

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**Disability Leadership**

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**Independence as a goal**

A group of five people, mostly young adults, are working together to clean a white sedan in a residential driveway. They are all wearing blue t-shirts, some with the text "WE CAN DO IT!" on the back. One person is using a large orange sponge to clean the rear window, while others are using cloths on the side of the car. The background shows a suburban neighborhood with houses and trees under a cloudy sky.

# **Reimagining #1**

# **Working Together**



A photograph of two women sitting on a light-colored sofa in a room with a large mural. The woman on the left is wearing a black top and a black face mask, while the woman on the right is wearing a purple top and a white face mask. They are both holding patterned cushions. In front of them is a dark wooden coffee table. To the left of the sofa is a large black beanbag chair. The background features a large mural with the words 'SUMMER CAMP' in colorful, stylized letters on the left, and 'L'ARCHE LONDON' with a boat illustration on the right. The floor is covered with a checkered rug and a red brick floor is visible at the edges.

# **Reimagining #2**

## **Hiring Practices**



# Reimagining #3

## Disability Leadership

